

Clinical scholarship and nursing research

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Examining the effectiveness of an education program for staff working with inpatient psychiatric patients. (2008)

Seclusion and restraint are the most restrictive techniques used when interacting with a patient who is agitated or acting-out. Regulatory agencies, such as the Joint Commission and the Center for Medicare and Medicaid Services, have made the reduction of seclusion/restraint (S/R) episodes a high priority. In order to decrease the use of these measures, caregivers require knowledge and skills to employ alternative methods of maintaining a safe environment. This project evaluated the effectiveness of a staff education program to increase awareness about therapeutic methods of maintaining safety in an inpatient psychiatric.