

# GYN Screenings

<b>What</b>	<b>When</b>
Bone density	At menopause in women under 65 who have high risk factors; after age 65 for women at normal risk
Breast clinical exam	Annually after age 18
Breast self-exam	Monthly after age 18
Chlamydia Screen	Annually for sexually active women between the ages of 16 and 25 years.
Mammogram	Annually starting at age 40; younger if there is a family history of breast cancer. Consult your physician.
Pelvic exam & Pap Test	Annually beginning at age 18 or onset of sexual activity. After 3 consecutive normal exams testing may be performed less frequently depending on history
STD and HIV tests	If symptoms are present or woman and her partner(s) has high risk history