



## GHP Kids Update

# Think you don't need a flu shot?

#### ...Because it will give you the flu? Not true!

The flu vaccine is made from a dead virus that cannot make you sick; it helps your body build immunity to help you stay healthy.

#### ...Because you're healthy? Not true!

Even strong, healthy people can get the flu. Thousands of healthy adults and children die each year in the U.S. due to flu-related complications.

### ...Because antibiotics will make you feel better? Not true!

Antibiotics fight bacteria with no effect on viruses or the flu. The flu is not like the common cold. Symptoms include fever, chills, headache, sore throat, muscle aches and runny nose which can result in several days of missed work or school.

The flu vaccine is recommended for everyone six months of age and older.

Your primary care physician or a participating retail pharmacy can administer the flu vaccine at no cost. Visit GeisingerHealthPlan.com to select a participating pharmacy in your area.\*

Many Geisinger hospitals and facilities also provide flu shots. See the list of locations at Geisinger.org/flu.

\*If at a pharmacy, the vaccine must be administered by a pharmacist and billed through the pharmacy claims system. Not all pharmacies offer flu vaccines. There are state regulations, such as age, regarding who can receive a vaccine from a pharmacist.

#### We're changing things up a bit!

Moving forward, the term "enrollee" will replace the term "member" in all communications for GHP Kids. This change is simply a language change and does not affect your child's benefits.

#### Mail order madness

CareSite, Geisinger's mail order pharmacy, offers benefits that will make you and your kids smile!\*

**Convenience:** CareSite mails your medications right to your child's doorstep.

**Care:** With CareSite your child gets 90-day

supplies of medications at a time. That's three full months to focus on your child's care instead of worrying about getting refills.



**Peace of mind:** Rest assured your child's medications are safe, secure and handled with the highest level of care. To ease your mind, we offer email notifications for you to track the medications from the time they leave our facility in Elysburg, Pa., until they arrive at your home.

To take advantage of this opportunity or if you have

any questions about this benefit, call the pharmacy customer service team at 800-988-4861, 8 a.m. - 5 p.m., Monday - Friday. You may also contact CareSite Mail Order Pharmacy by phone at 844-878-5562, 6:30 a.m. - 5 p.m., Monday - Friday, or online at geisinger.org/pharmacy.

\* This benefit includes maintenance medications, like asthma medications, fluoride with multivitamins or ranitidine syrup for babies, but does not include all medications. Benefits and costs will vary depending on your child's specific coverage or if you're enrolled in a cost assistance program. Please contact the Customer Care Team with any questions.

#### New 90-day supply refill policy



As of July 1, 2019, all 90-day medications retail and mail order—can be refilled only when your child has used at least 85 percent of the medication. With a typical 90-day supply of

medication, 85 percent usage is when there is approximately 13 days of medication still available.

Questions? Call your Customer Care Team by dialing the number on the back of your ID card.



#### Protect your child from lead poisoning

Protect your kids from hard-to-see dangers like lead poisoning with these two quick tips:

**Evaluate your home.** Look for any lead-based sources. Consider things like old, lead-heavy toys, lead-based paint (common in houses built before 1978) and lead-based plumbing, which

particles into your home's water supply.

can release lead

(HITE)

Schedule a screening. Medical professionals recommend that all children – especially under the age of two-receive a professional lead screening from your family doctor.

Call your family doctor to schedule a lead screening for your child today. You can also reach out to our CHIP enrollee services at 866-621-5235 (PA RELAY: 711) to help set up a professional screening.

#### List of covered drugs is available online



You can review the formulary online at GHPKids.com. This includes a listing of the most recent covered drugs, as well as details on quantity limits, tiers and how drug coverage is provided.

When medications are not listed on a formulary, GHP Kids will not pay for them unless an exception is granted. Some drugs may require prior authorization.

Please keep an up-to-date list of any medicines you and your child are taking, including over-the-counter medications and herbal supplements and take this with you when you or your child go to your doctor, an urgent care center or the emergency room.

Call 800-988-4861 (PA RELAY: 711), Monday - Friday, 8 a.m. - 5 p.m., with benefit questions or to request a printed formulary.

Geisinger Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex gender, gender identity or expression, or sexual orientation.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call: 800-447-4000 (PA RELAY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800-447-4000 (PA RELAY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 800-447-4000 (PA RELAY: 711).

注意:如果您使用繁體中文,您可以免費獲 得語言援助服務。請致電 800-447-4000 (**PA RELAY** : 711) •

#### Dental fraud is on the rise

Here are just a few examples of dental fraud to look for: a small number who commit fraud tarnish the profession. annually. Although most dentists are competent professionals, It is estimated that \$12.5 billion are lost to dental fraud and abuse

- Billing for a service that wasn't provided
- Charging for a more expensive service than was provided
- Misrepresenting the actual date, a service was performed.
- Waiving deductibles or co-payments
- Performing unnecessary procedures or services

anti-fraud department to help detect, correct, Geisinger Health Plan has established an healthcare for everyone. This is the reason millions of dollars while raising the cost of Health insurance fraud costs companies





All reports are kept strictly confidential.

Danville, PA 17822-3220 100 North Academy Avenue

Anti-Fraud Program

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Geisinger Health Plan

listed on the back of your ID card

Customer Care Team number

at 800-292-1627 or call the

If you suspect fraud or abuse, contact us:

Phone The GHP Compliance Hot Line

Geisinger **GHP** Kids 100 N. Academy Ave. Danville, PA 17822-3240

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