



# Geisinger Member Update

GHP Kids

FALL 2018

## Spread the word, not the flu

Flu season is around the corner, so spread the word: your child cannot get the flu from receiving a flu shot. In fact, preventive antibodies develop approximately two weeks after receiving the vaccination, so they're protected rather quickly!

With that said, if your child is six months old or older, excluding rare exceptions, they should be the first in line for their yearly flu vaccination.

Visit your primary care provider or a participating pharmacy to receive the vaccination. To search for pharmacies in your area, visit [GeisingerHealthPlan.com](http://GeisingerHealthPlan.com). There's no charge for the flu shot if received from a doctor or pharmacy in our network.\*

*\*Office visit copay may apply. If at a pharmacy, the vaccine must be administered by a pharmacist and billed through the pharmacy claims system. Not all pharmacies offer flu vaccines. There are state regulations, such as age, regarding who can receive a vaccine from a pharmacist.*

Geisinger Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex gender, gender identity or expression, or sexual orientation.

**ATTENTION: If you speak English, language assistance services, free of charge, are available to you.**

**Call: 800-447-4000  
(PA RELAY: 711).**

**ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800-447-4000 (PA RELAY: 711).**

**ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 800-447-4000 (PA RELAY: 711).**

**注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 800-447-4000 (PA RELAY : 711)。**

*HPM50 klg KIDS MU Fall 2018*



## Customer service hours extended

We are excited to announce our customer service hours have been extended to Monday through Friday, 7 a.m. – 7 p.m. and Saturday, 8 a.m. – 2 p.m. There are no Sunday hours. Pharmacy service hours remain the same: Monday through Friday, 8 a.m. – 5 p.m. If you have any questions regarding the new hours, please call the customer service number on the back of your member ID card or visit [GeisingerHealthPlan.com](http://GeisingerHealthPlan.com).

## New approval requirements for opioids

Opioid addiction and abuse is a serious health issue in the United States. Geisinger Health Plan is committed to the health and well-being of our members, and new state-wide changes to opioid prescription approval requirements will help us ensure you are receiving the care you need in the safest way possible.

These changes will occur in three phases throughout 2018 and 2019. Members with active cancer, sickle cell crisis or palliative care/hospice are exempt from these changes.

	<b>Phase 1</b> Implemented 9/1/2018	<b>Phase 2</b> To be implemented 1/1/2019	<b>Phase 3</b> To be implemented 7/1/2019
<b>Long-acting opioids</b> (usually taken twice a day or less)	All long-acting opioids now require a prior authorization.		
<b>Short-acting opioids</b> (usually taken several times per day)	Members <b>new</b> to opioid therapy need a prior authorization for short-acting opioids after: <i>Children: 3 days</i> <i>Adults: 5 days</i>	<b>All</b> members need a prior authorization for short-acting opioids after: <i>Children: 3 days</i> <i>Adults: 5 days</i>	
<b>Morphine milligram</b> (Morphine dose)	All opioids with a morphine milligram equivalent (MME) of equal to or greater than <b>90 mme</b> / day require prior authorization.		All opioids with a morphine milligram equivalent (MME) of equal to or greater than <b>50 mme</b> / day require prior authorization.

We are working on processes with doctors to help ensure our members receive appropriate care, including long-acting or high dose opioids if needed. If you have any questions or concerns about this change, please consult your doctor or call our pharmacy customer service team.

*GHP Kids Member Update is published four times annually. Comments are welcome.*

*Please write: Editor, GHP Kids Member Update, 100 N. Academy Ave., Danville, PA 17822-3240*

*Email: [memberupdate@thehealthplan.com](mailto:memberupdate@thehealthplan.com)*

# A better way to get the medications your kids need

CareSite, Geisinger's mail order pharmacy, offers benefits you deserve and don't want to miss!\*

- **Convenience:** Enjoy the convenience of having your medications mailed directly to your home.
- **Care:** Since CareSite specializes in providing 90-day supplies of medications you take on a regular basis, you can focus on better care for yourself and less on needing refills. Take your medications on schedule and follow your doctor's recommendations.
- **Peace of mind:** You can rest assured knowing your medications are safe and secure. The CareSite facility, locally situated in Elysburg, PA, handles your medications with the highest level of care. Packaging products have been tested to ensure medications are safely stored throughout the shipping and delivery process. Additionally, email notifications are available for shipment and delivery tracking, so you'll be able to track your medications from the time they leave our facility until they arrive at your doorstep.

## It's easy to get started with CareSite!

If you are not yet registered for Geisinger Health Plan's secure member portal, visit [geisingerhealthplan.com/register](http://geisingerhealthplan.com/register). Once you are registered, visit [geisingerhealthplan.com/rx](http://geisingerhealthplan.com/rx) to enroll with CareSite. You can also take advantage of this great opportunity by calling the CareSite Mail Order Pharmacy at 844-878-5562, 6:30 a.m. - 5 p.m., Monday – Friday. If you have questions about your benefits, call the pharmacy customer service team at 800-988-4861, 8 a.m. - 5 p.m., Monday - Friday.

*\* This benefit includes maintenance medications, like diabetes, blood pressure or cholesterol medications, but does not include all medications. Benefits and costs will vary depending on your specific coverage or if you're enrolled in a cost assistance program. Please contact the customer service team with any questions on your benefits. Mail order benefit is not available to GHP Family members.*

## Protect your kids from lead poisoning

As a parent, you have the instinctual need to protect your children. But when a potential danger, like lead poisoning, isn't clearly visible, it becomes an easy – and sometimes dangerous – oversight, possibly costing your children the health and protection they deserve.

Protect your children from lead poisoning by evaluating your home for any lead-based sources. Consider things like lead-based paint (common in houses built before 1978) and lead-based plumbing, which can release lead particles into your home's water supply. More specifically, medical professionals recommend that all children – especially under the age of two – receive a professional lead screening from your family doctor.

Call your doctor to schedule a lead screening for your child today. You can also reach out to our CHIP member services at 866-621-5235 (TTY:711).



# Geisinger

## GHP Kids

100 N. Academy Ave.  
Danville, PA 17822-3240

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## Formulary updates available online

You can review the formulary (list of drugs covered under your pharmacy benefit) online at [GHPKids.com](http://GHPKids.com). The online formulary includes the most recent list of covered drugs, as well as details on quantity limits, tiers and pharmacy management procedures.

When medications are not listed on a formulary, GHP Kids will not pay for them unless an exception is granted. Some drugs may require prior authorization. You may call 800-988-4861 (PA Relay 711) with benefit questions or to request a printed formulary. Our hours are 8 a.m. to 5 p.m., Monday through Friday.

**Please keep an up-to-date list of any medicines you and your child are taking, including over-the-counter medications and herbal supplements, and take this with you when you or your child go to your doctor, an urgent care center or the emergency room.**

