



Geisinger  
GHP Kids

# Member Update



Discover  
your plan's  
perks

## GHP Kids offers many no-cost and discounted benefits

### No-cost preventive services

- Well-baby/well-child visits
- Vaccines including tetanus, hepatitis, polio, hickenpox and the flu shot
- Health screenings based on age and needs

### Local discounts

- Fitness center memberships
- Eyeglasses and contact lenses
- Amusement parks, event tickets and recreational activities

### Health management programs

Classes, information and support for:

- Asthma, diabetes and heart failure
- Chronic Obstructive Pulmonary Disease (COPD)
- Stop smoking and weight management

### Prescriptions by mail\*

With CareSite, our Rx by mail pharmacy, you get:

<b>Delivery</b>	Medications mailed to your doorstep
<b>Peace of mind</b>	90-day supplies of medications (rather than 30-day supplies)
<b>Lower costs</b>	Depending on your benefits, a 90-day mail order prescription could cost less than filling three, 30-day prescriptions at a retail pharmacy

**Want to learn more? Call us at 866-621-5235 (PA RELAY: 711).**

*\* This benefit does not include all medications. Benefits and costs will vary depending on your specific coverage or if you're enrolled in a cost assistance program.*

## New opioid rules to keep your kids safe

To help keep your kids safe from opioid addiction and opioid abuse, Pennsylvania has created new rules for opioid prescriptions.

Your doctor now has to check with us first before prescribing opioids (this is called prior authorization).

The chart below details the new rules for prior authorization. If your child has active cancer, sickle cell crisis or is receiving palliative care or hospice, the new rules do not apply to them.



### Who needs prior authorization in 2019?

#### Long-acting opioids

*(typically taken 1-2 times a day)*

**Everyone**

#### Short-acting opioids

*(typically taken several times a day)*

**As of Jan. 1, 2019:**

**All adults** who need to take them for longer than **5 days**.  
**All children** who need to take them for longer than **3 days**.

#### High-dose opioids

*(doctors use morphine milligram equivalent, MME, to measure opioid strength)*

**As of July 1, 2019:**

**Everyone** who needs opioids at **50 MME or higher**.

## Check your child's bill closely

If you've received bills for child care services that have not occurred, speak up. This could be a potential case of fraud, waste or abuse.

Please report any concerns to Geisinger Health Plan's special investigation unit by calling 800-292-1627 or emailing [FA@thehealthplan.com](mailto:FA@thehealthplan.com). All calls can remain anonymous.





Geisinger Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex gender, gender identity or expression, or sexual orientation.

**ATTENTION:** If you speak English, language assistance services, free of charge, are available to you.

**Call: 800-447-4000  
(PA RELAY: 711).**

**ATENCIÓN:** Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800-447-4000 (PA RELAY: 711).

**ВНИМАНИЕ:** Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 800-447-4000 (PA RELAY: 711).

**注意：**如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 800-447-4000 (PA RELAY : 711)。

## Protect your children from lead poisoning

Schedule your children for professional lead screenings with your family doctor—especially if your children are under the age of two.

You can also reach out to our CHIP member services at 866-621-5235 (PA RELAY: 711) to schedule professional screenings.



## Formulary updates are available online

You can review the formulary (list of drugs covered under your pharmacy benefit) online at [GHPKids.com](http://GHPKids.com). The online formulary includes the most recent list of covered drugs, as well as details on quantity limits, tiers and how drug coverage is provided.

When medications are not listed on a formulary, GHP Kids will not pay for them unless an exception is granted. Some drugs may require prior authorization.

Call 800-988-4861 (PA RELAY: 711), Monday - Friday, 8 a.m.-5 p.m., with benefit questions or to request a printed formulary.

Please keep an up-to-date list of any medicines you and your child are taking, including over-the-counter medications and herbal supplements, and take this with you when you or your child go to your doctor, an urgent care center or the emergency room.

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