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Prepared on: < Insert CMR date >

You can get the best results from your medications by completing the items on this "To-Do List."



Bring your **To-Do List** when you go to your doctor. And, share it with your family or caregivers.

## My To-Do List

| What we talked about:                                    | What I should do:   |  |  |  |  |  |  |
|--|---|--|--|--|--|--|--|
| < Insert summary of discussion for                       | □ < Insert action item for topic 1 >                                      |  |  |  |  |  |  |
| topic 1 >  | ☐ < Insert action item for topic 1 >                                      |  |  |  |  |  |  |
|  | ,   |  |  |  |  |  |  |
| What we talked about:                                    | What I should do:   |  |  |  |  |  |  |
| < Insert summary of discussion for                       | ☐ < Insert action item for topic 2 >                                      |  |  |  |  |  |  |
| topic 2 >  | ☐ < Insert action item for topic 2 >                                      |  |  |  |  |  |  |
|  |   |  |  |  |  |  |  |
|  |   |  |  |  |  |  |  |
| What we talked about:                                    | What I should do:   |  |  |  |  |  |  |
| What we talked about: < Insert summary of discussion for | What I should do:  ☐ < Insert action item for topic 3 >                   |  |  |  |  |  |  |
|  |   |  |  |  |  |  |  |
| < Insert summary of discussion for                       | □ < Insert action item for topic 3 >                                      |  |  |  |  |  |  |
| < Insert summary of discussion for                       | □ < Insert action item for topic 3 >                                      |  |  |  |  |  |  |
| < Insert summary of discussion for topic 3 >             | □ < Insert action item for topic 3 > □ < Insert action item for topic 3 > |  |  |  |  |  |  |