Where to go when you need care

Getting the right care in the right place protects your physical and financial well-being. With Geisinger Health Plan, you have options. Which is the best place to go when you need medical attention? Find out below.

<table>
<thead>
<tr>
<th>Where to go</th>
<th>What can be treated¹</th>
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</thead>
</table>
| **Day-to-day care** | • Acne  
  • Asthma  
  • Common cold  
  • Depression  
  • Headache |
| **If the doctor isn’t in** | • High blood pressure  
  • Sinus infection  
  • Skin rashes or allergies |
| **If care can’t wait** | • Stomach problems  
  • Stress  
  • Urinary tract infection |

Your first stop should be your primary care physician (PCP), who oversees your health needs. **Cost: PCP copay ($)**

In-network convenient care and urgent care facilities have lower copays than the ER, don’t require appointments and are open late. **Cost: PCP or specialist copay ($$)**

Call 911 or go to the nearest emergency room for treatment of life-threatening issues. **Cost: ER copay ($$$)**

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| **Day-to-day care** | • Accidents/falls  
  • Diarrhea  
  • Eye irritation  
  • Fever |
| **If the doctor isn’t in** | • Flu symptoms  
  • Minor broken bones  
  • Muscle strains |
| **If care can’t wait** | • Skin rashes  
  • Sprains  
  • Stitches  
  • Vomiting |

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| **Day-to-day care** | • Chest pain  
  • Compound fractures  
  • Difficulty breathing  
  • Fainting |
| **If the doctor isn’t in** | • Moderate to severe burns  
  • Poisoning  
  • Serious head, neck or back injuries |
| **If care can’t wait** | • Signs of heart attack or stroke  
  • Sudden, severe pain  
  • Uncontrolled bleeding |

¹These lists are not all-inclusive.

To find an urgent care location near you, visit go.geisinger.org/UrgentCare.

²Costs are estimates and depend on specific benefits and progress toward deductible. Convenient care and urgent care facilities may have different costs for similar services. Call ahead to make sure your cost outcomes are what you expect.

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