I. Policy: Non-invasive Mechanical Treatments for Low Back Pain

II. Purpose/Objective:
To provide a policy of coverage regarding Non-invasive Mechanical Treatments for Low Back Pain

III. Responsibility:
A. Medical Directors
B. Medical Management

IV. Required Definitions
1. Attachment – a supporting document that is developed and maintained by the policy writer or department requiring/authoring the policy.
2. Exhibit – a supporting document developed and maintained in a department other than the department requiring/authoring the policy.
3. Devised – the date the policy was implemented.
4. Revised – the date of every revision to the policy, including typographical and grammatical changes.
5. Reviewed – the date documenting the annual review if the policy has no revisions necessary.

V. Additional Definitions
Medical Necessity or Medically Necessary means Covered Services rendered by a Health Care Provider that the Plan determines are:

- a. appropriate for the symptoms and diagnosis or treatment of the Member's condition, illness, disease or injury;
- b. provided for the diagnosis, and the direct care and treatment of the Member's condition, illness disease or injury;
- c. in accordance with current standards of good medical treatment practiced by the general medical community.
- d. not primarily for the convenience of the Member, or the Member's Health Care Provider; and
- e. the most appropriate source or level of service that can safely be provided to the Member. When applied to hospitalization, this further means that the Member requires acute care as an inpatient due to the nature of the services rendered or the Member's condition, and the Member cannot receive safe or adequate care as an outpatient.

Medicaid Business Segment
Medical Necessity shall mean a service or benefit that is compensable under the Medical Assistance Program and if it meets any one of the following standards:

- (i) The service or benefit will, or is reasonably expected to, prevent the onset of an illness, condition or disability.
- (ii) The service or benefit will, or is reasonably expected to, reduce or ameliorate the physical, mental or development effects of an illness, condition, injury or disability.
- (iii) The service or benefit will assist the Member to achieve or maintain maximum functional
capacity in performing daily activities, taking into account both the functional capacity of the Member and those functional capacities that are appropriate for members of the same age.

DESCRIPTION:
Vertebral axial decompression (Vax-D) and MedX lumbar/cervical extension machines are devices designed for the purpose of isokinetic testing and rehabilitation in the treatment of back pain. The Orthotrac Vest is a custom made vest that utilizes pneumatic pressure to stabilize the lumbar spine and off-load body weight. The Isostation B-2000 Lumbar Dynamometer allows measurement of increasing fatigue by measuring a decrease in performance and documenting an increase in motion as the muscle substitution begins.

EXCLUSIONS:
There is currently insufficient evidence in the published, peer reviewed medical literature to show the medical efficacy of devices such as, but not limited to those listed in this policy. At this time, utilization of any of the following devices is considered experimental, investigational or unproven and is NOT COVERED.

- **Quantitative muscle testing and treatment devices** (e.g. Med-X Lumbar/Cervical Extension Machine, Isostation B 2000 Lumbar Dynamometer)
- **Vertebral Axial Decompression** (e.g. Vax-D, DRX Decompression Systems, DTS Spinal Decompression Therapy, Decompression Reduction Stabilization (DRS) System, IDD Therapy, Lordex Spinal Decompression Unit, SpineMED® Decompression, Accu-SPINA System, Antalgic-Trak, Ever-Trac ET-800, Dynatron 900, Integrity Spinal Care System, Rich-Mar Spina-Mobilizor, Triton ® DTS / Tru-Trac/ TX Traction System
- **Patient-operated spinal unloading devices** (e.g. Orthotrac™ Pneumatic Vest)

Note: A complete description of the process by which a given technology or service is evaluated and determined to be experimental, investigational or unproven is outlined in MP 15 - Experimental Investigational or Unproven Services or Treatment.

CODING ASSOCIATED WITH: Non-invasive Mechanical Treatments for Low Back Pain

The following codes are included below for informational purposes and may not be all inclusive. Inclusion of a procedure or device code(s) does not constitute or imply coverage nor does it imply or guarantee provider reimbursement. Coverage is determined by the member specific benefit plan document and any applicable laws regarding coverage of specific services. Please note that per Medicare coverage rules, only specific CPT/HCPCS Codes may be covered for the Medicare Business Segment. Please consult the CMS website at [www.cms.gov](http://www.cms.gov) or the local Medicare Administrative Carrier (MAC) for more information on Medicare coverage and coding requirements.

97799 Unlisted physical medicine/rehabilitation service or procedure
E1399 Durable medical equipment, miscellaneous
S9090 Vertebral axial decompression, per session
L0631 Lumbar-sacral orthosis, sagittal control, with rigid anterior and posterior panels, posterior extends from sacrococcygeal junction to T-9 vertebra, produces intracavitary pressure to reduce load on the intervertebral discs, includes straps, closures, may include padding, shoulder straps, pendulous abdomen design, prefabricated item that has been trimmed, bent, molded, assembled, or otherwise customized to fit a specific patient by an individual with expertise


LINE OF BUSINESS:
Eligibility and contract specific benefits, limitations and/or exclusions will apply. Coverage statements found in the line of business specific benefit document will supersede this policy. For Medicare, applicable LCD’s and NCD’s will supersede this policy. For PA Medicaid Business segment, this policy applies as written.

REFERENCES:


This policy will be revised as necessary and reviewed no less than annually.

Devised: 7/02

Revised: 11/02 (title change); 11/03 (add definition); 11/04 (re-title); 11/05 (added exclusion, references); 11/07 (added exclusion); 12/08; 12/11 (removed indication); 11/17 (added product examples)

Reviewed: 11/06; 12/09; 12/10 (ref), 12/12, 12/13, 12/14; 12/15, 12/16