



# Geisinger Health Plan Policies and Procedure Manual

**Policy: MP244**

**Section: Medical Benefit Policy**

**Subject: Pelvic Floor Stimulation**

**Applicable line of business:**

<b>Commercial</b>	<b>x</b>	<b>Medicaid</b>	<b>x</b>
<b>Medicare</b>	<b>x</b>	<b>ACA</b>	<b>x</b>
<b>CHIP</b>	<b>x</b>		

**I. Policy:** Pelvic Floor Stimulation

**II. Purpose/Objective:**

To provide a policy of coverage regarding Pelvic Floor Stimulation

**III. Responsibility:**

- A. Medical Directors
- B. Medical Management

**IV. Required Definitions**

1. Attachment – a supporting document that is developed and maintained by the policy writer or department requiring/authoring the policy.
2. Exhibit – a supporting document developed and maintained in a department other than the department requiring/authoring the policy.
3. Devised – the date the policy was implemented.
4. Revised – the date of every revision to the policy, including typographical and grammatical changes.
5. Reviewed – the date documenting the annual review if the policy has no revisions necessary.

**Commercial**

Geisinger Health Plan may refer collectively to health care coverage sponsors Geisinger Health Plan, Geisinger Quality Options, Inc., and Geisinger Indemnity Insurance Company, unless otherwise noted. Geisinger Health Plan is part of Geisinger, an integrated health care delivery and coverage organization.

**Medicare**

Geisinger Gold Medicare Advantage HMO, PPO, and HMO D-SNP plans are offered by Geisinger Health Plan/Geisinger Indemnity Insurance Company, health plans with a Medicare contract. Continued enrollment in Geisinger Gold depends on contract renewal. Geisinger Health Plan/Geisinger Indemnity Insurance Company are part of Geisinger, an integrated health care delivery and coverage organization.

**CHIP**

Geisinger Health Plan Kids (GHP Kids) is a Children’s Health Insurance Program (CHIP) offered by Geisinger Health Plan in conjunction with the Pennsylvania Department of Human Services (DHS). Geisinger Health Plan is part of Geisinger, an integrated health care delivery and coverage organization.

**Medicaid**

Geisinger Health Plan Family (GHP Family) is a Medical Assistance (Medicaid) insurance program offered by Geisinger Health Plan in conjunction with the Pennsylvania Department of Human Services (DHS). Geisinger Health Plan is part of Geisinger, an integrated health care delivery and coverage organization

## V. Additional Definitions

Medical Necessity or Medically Necessary means Covered Services rendered by a Health Care Provider that the Plan determines are:

- a. appropriate for the symptoms and diagnosis or treatment of the Member's condition, illness, disease or injury;
- b. provided for the diagnosis, and the direct care and treatment of the Member's condition, illness disease or injury;
- c. in accordance with current standards of good medical treatment practiced by the general medical community.
- d. not primarily for the convenience of the Member, or the Member's Health Care Provider; and
- e. the most appropriate source or level of service that can safely be provided to the Member. When applied to hospitalization, this further means that the Member requires acute care as an inpatient due to the nature of the services rendered or the Member's condition, and the Member cannot receive safe or adequate care as an outpatient.

### Medicaid Business Segment

Medically Necessary — A service, item, procedure, or level of care that is necessary for the proper treatment or management of an illness, injury, or disability is one that:

- Will, or is reasonably expected to, prevent the onset of an illness, condition, injury or disability.
- Will, or is reasonably expected to, reduce or ameliorate the physical, mental or developmental effects of an illness, condition, injury or disability.
- Will assist the Member to achieve or maintain maximum functional capacity in performing daily activities, taking into account both the functional capacity of the Member and those functional capacities that are appropriate for Members of the same age

### DESCRIPTION:

Pelvic Floor Stimulation (PFS) involves the electrical stimulation of the pelvic floor muscles using either a probe wired to a device for controlling the electrical stimulation or, more recently, extracorporeal pulsed magnetic innervation. It is believed that pelvic floor stimulation will improve urethral closure by activating pelvic floor musculature. In addition, PFS is also hypothesized to improve partially denervated urethral and pelvic floor musculature by enhancing the process of reinnervation.

**ALL Durable Medical Equipment** provided for home use requires advanced determination of coverage. Devices furnished at inpatient or outpatient centers are **NOT SEPARATELY REIMBURSABLE.** Pelvic floor stimulator must be obtained through a participating Durable Medical Equipment Vendor(s).

**INDICATIONS: Requires Prior Medical Director or Designee Authorization. Consideration for coverage is limited to the Medicare and Medicaid Business Segment, in compliance with CMS mandates.**

Electrical Stimulation of the pelvic floor muscles with a non-implantable stimulator may be considered *medically necessary* for the treatment of urinary incontinence in members when ALL of the following criteria are met:

1. Member is diagnosed with stress, urge or mixed incontinence; **and**
2. Member must be cognitively competent
3. Member has tried and failed a documented trial of pelvic muscle exercise (PME) training with no clinically significant improvement in urinary continence after completing 4 weeks of exercises.

**NOTE:** Stimulation of the sacral nerve as a treatment of incontinence is discussed in **MP 91 – Sacral Nerve Stimulation**

**FOR MEDICARE BUSINESS SEGMENT: See Pelvic Floor Electrical Stimulation for Urinary Incontinence CAG-00021N and NCD 230.8 Non-Implantable Pelvic Floor Electrical Stimulator**

### EXCLUSIONS:

The Plan does not cover pelvic floor stimulation for the treatment of incontinence unless required by state or federal mandate. Outcomes evidence from multiple randomized, controlled trials have not found that electrical pelvic floor stimulation used to treat urinary incontinence in women consistently improved net health outcome compared with placebo or other conservative treatments, nor did it support the efficacy of this treatment in members with post-prostatectomy incontinence. It is considered **unproven** and therefore, **NOT COVERED.**

The Plan does **NOT** provide coverage for the use of the Omnistim™ FX<sup>2</sup> Gold portable system because it is considered **unproven**. There is insufficient evidence in the peer-reviewed published medical literature to establish the effectiveness of this treatment when compared to established tests or technologies.

The Plan does **NOT** provide coverage for the use of magnetic stimulators of the pudendal nerve considered **unproven**. There is insufficient evidence in the peer-reviewed published medical literature to establish the effectiveness of this treatment when compared to established tests or technologies.

The Plan does **NOT** provide coverage for the use of pelvic floor stimulation for the treatment of refractory chronic urinary retention unless required by state or federal mandate because it is considered **unproven**. There is insufficient evidence in the peer-reviewed published medical literature to establish the effectiveness of this treatment when compared to established tests or technologies.

Note: A complete description of the process by which a given technology or service is evaluated and determined to be experimental, investigational or unproven is outlined in **MP 15 - Experimental Investigational or Unproven Services or Treatment**.

### **Medicaid Business Segment:**

Any requests for services, that do not meet criteria set in the PARP, may be evaluated on a case by case basis.

#### **CODING ASSOCIATED WITH:** Pelvic Floor Stimulation

*The following codes are included below for informational purposes and may not be all inclusive. Inclusion of a procedure or device code(s) does not constitute or imply coverage nor does it imply or guarantee provider reimbursement. Coverage is determined by the member specific benefit plan document and any applicable laws regarding coverage of specific services.*

**53899** Unlisted procedure, urinary system

**97014** Application of a modality to one or more areas; electrical stimulation (unattended)

**97032** Application of a modality to one or more areas; electrical stimulation (manual), each 15 minutes

**E0715** Intravaginal device intended to strengthen pelvic floor muscles during Kegel exercises

**E0716** Supplies and accessories for intravaginal device intended to strengthen pelvic floor muscles during Kegel exercises

**E0740** Incontinence treatment system; pelvic floor stimulator, monitor, sensor and/or trainer

**G0283** Electrical stimulation (unattended), to one or more areas for indication(s) other than wound care, as part of a therapy plan of care

Current Procedural Terminology (CPT®) © American Medical Association: Chicago, IL

#### **LINE OF BUSINESS:**

**Eligibility and contract specific benefit limitations and/or exclusions will apply. Coverage statements found in the line of business specific benefit document will supercede this policy. For PA Medicaid Business segment, this policy applies as written.**

#### **REFERENCES:**

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This policy will be revised as necessary and reviewed no less than annually.

**Devised:** 05/19/2009

**Revised:** 4/15 (added exclusion), 7/16 (Gender Language), 9/17 (member language), 9/18 (add exclusion) , 9/24 (Added Medicare Cross Reference)

**Reviewed:** 10/11, 10/12, 10/13, 10/14, 9/19, 9/20, 9/21, 9/22, 9/23

**CMS UM Oversight Committee Approval:** 12/23; 11/8/24

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Coverage for experimental or investigational treatments, services and procedures is specifically excluded under the member's certificate with Geisinger Health Plan. Unproven services outside of an approved clinical trial are also specifically excluded under the member's certificate with Geisinger Health Plan. This policy does not expand coverage to services or items specifically excluded from coverage in the member's certificate with Geisinger Health Plan. Additional information can be found in MP015 Experimental, Investigational or Unproven Services.

Prior authorization and/or pre-certification requirements for services or items may apply. Pre-certification lists may be found in the member's contract specific benefit document. Prior authorization requirements can be found at <https://www.geisinger.org/health-plan/providers/ghp-clinical-policies>

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