



THE STAFF

Dr. Richard Martin
Medical Director
570-558-4290

Paul Burke, RN
Student Health Services Manager
570-558-4291

Michelle L. Ostroski, MSW, LSW
Clinical Well-Being Specialist
570-558-4292

Kyle Strobel, MS, NCC, LPC
Behavioral Health Therapist
570-558-4294

Terry Waibel
Administrative Assistant
570-558-4290

MENTAL HEALTH FIRST AID AT GCSOM

Mental Health First Aid is an eight-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis. The evidence behind the program demonstrates that it does build mental health literacy,



helping the public identify, understand and respond to signs of mental illness. On June 4, 5 and 6, 12 GCSOM community members participated in a train-the-trainer program that empowered them to bring more Mental Health First Aid classes to our students, and also to the surrounding area.

Pictured from left, back row: Kyle Strobel, MS, NCC, LPC, Tanya Morgan, MS, Andrea DiMattia, MEd, Elizabeth Kuchinski, MPH, Justin Collins, David Averill, PhD, Gabi Waite, PhD, Melissa Ide, MS.
Front row: Jennifer Washicosky, MS, Michelle Ostroski, MSW, LSW, Mary Pelkopwksi, MD 2 and Sayani Petra, MD 3.

UPDATES

- The American Foundation for Suicide Prevention's Interactive Screening Program goes live Monday, July 8. ISP provides a safe and confidential way for students to take a brief screening for stress, depression and other mental health conditions and then receive a personal response with available services and resources from the GCSOM student health therapist.

Please call or stop in the office if interested in services ▶ ▶ ▶

Student Health Services

525 Pine Street, Scranton, PA, 18510
Medical Science Building, 1st Floor, 1062 W
570-558-4290

Office Hours: M-F 8:00am-4:30pm
<https://www.geisinger.edu/education/student-life/student-health-services>