



Student Health Services

1 IN 5 PEOPLE WILL BE AFFECTED BY MENTAL ILLNESS IN THEIR LIFETIME

May is Mental Health Awareness Month! According to the National Alliance on Mental Illness, millions of Americans face the reality of living with a mental illness and each year we fight stigma, provide support, educate, and advocate to support people with mental illness and their families.

How does mental illness impact medical students?

Recent statistics from Frontiers in Psychology and the American Medical Student Association:

- 27.2% of medical students experience depression or depressive symptoms
- 11.1% experience suicidal ideations
- 15.7% of depressed students seek treatment
- 3x more likely to attempt suicide than the rest of the general population their age
- 2x more likely to experience stress and depression

Need help?

Call Student Health Services, 570-558-4290, or stop into the office and schedule a well-being assessment with the Clinical Well-Being Specialist.

In crisis?

Call the National Suicide Prevention Lifeline 800-273-8255 or text "TALK" to 741-741.

UPCOMING NEWS

- Annual health requirements (drug screen and Tb screen) are due by May 31st, 2019
Please contact Paul Burke, RN, 570-558-4291, with any questions.

Please call or stop in the office if interested in services ► ► ►

MEET THE STAFF

Dr. Richard Martin

Medical Director

570-558-4290

Paul Burke, RN

Student Health Services Manager

570-558-4291

Michelle L. Ostroski, MSW, LSW

Clinical Well-Being Specialist

570-558-4292

Kyle Strobel, MS, NCC, LPC

Behavioral Health Therapist

570-558-4294

Terry Waibel

Administrative Assistant

570-558-4290

Student Health Services

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Medical Science Building, 1st Floor, 1062 W

570-558-4290

Office Hours: M-F 8:00am-4:30pm

<https://www.geisinger.edu/education/student-life/student-health-services>