### 1. Access to Health Services
- Primary Care
- Specialty Care
- Dental Care

#### Current HSHS Programs:
- Capital Region Maternal Assistance
- Cardiac Maintenance
- Health Share Dental Access
- Health Share Physician Volunteers
- Heart Failure Clinic
- Holy Spirit Medical Group Primary Care Practices
  - Family Medicine
  - Internal Medicine
  - Pediatrics
- Holy Spirit Patient Centered Medical Homes
- Holy Spirit Medical Group Specialty Practices
  - Breast Care Center
  - Cardiology/Cardiothoracic Surgery
  - General Surgery/Breast Care
  - Vascular Surgery
  - Endocrinology
  - Neurology/Neurosurgery
  - OB/GYN
  - Radiation Oncology
- Spirit Urgent Care Centers
  - Camp Hill
  - Carlisle
- Spirited Hearts Cardiac Support Group
- Holy Spirit Medical Outreach Clinic
- Collaboration with Sadler Health

#### Proposed Action Plan:
- Expand primary care centers/access
- Expand urgent care centers/access
- Expand specialty/tertiary care
- Collaborate with area Health Care Coalitions
- Health Literacy Initiative

### 2. Behavioral Health Services
- Mental Health
- Substance Abuse

#### Current HSHS Programs:
- Acute Inpatient Services
- Long Term Acute Care
- Case Management
- Partial Hospitalization
- Adult/Child Outpatient Psychiatry-Therapy
- Crisis Intervention
- Teenline Student Assistance
- Mobile Outreach
- Continuity of Care Coordination Liaison
- Forensic Case Management

#### Proposed Action Plan:
- Behavioral Health Advocacy
- Provider needs assessment
- Enhance ED Behavioral Health capacity/services
- Enhance collaboration with area PCPs
- Enhance student assistance programs/services
- Expand partnership with area police for Naloxone program

### 3. Healthy Lifestyles
- Lack of Physical Activity
- Inadequate Nutrition/Obesity
- Smoking Cessation and Prevention

#### Current HSHS Programs:
- Abuelita Program
- A-Fib Support Group
- Childbirth Education
- Health Fairs/Screening Events
  - Blood pressure
  - BMI, glucose/cholesterol
  - Sleep
  - Bone density
  - Cardiovascular risk assessment
- Travel Health
- Spirit of Women
- Walking Loop/5k Run
- Medical Outreach Services
- Preventative Health Publications/Articles

#### Proposed Action Plan:
- Enhance Spirit of Women program
- Enhance Healthy Living Lectures
- Advance HSGA Employee Wellness Program
- Promote “Get Fresh Market” to employees
- Enhance bi-lingual health education
- Enhance social media health offerings
- Enhance diabetic education