

Geisinger
Marworth
Treatment Center

Alcohol and chemical dependency Inpatient treatment programs



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marworth.org



Road to recovery

For the treatment of alcohol or chemical dependency, Geisinger Marworth's specialized programs incorporate a person's unique lifestyle, values, and medical circumstances as well as specific obstacles to recovery.

Though chemical dependency is a primary and progressive illness, it is treatable and can be held in continuous remission. Our treatment plans employ a variety of state-of-the-art therapeutic techniques for addicted individuals and their families.



Levels of treatment

Geisinger Marworth offers three levels of treatment:

- Detoxification and rehabilitation
- Intensive outpatient treatment and partial hospitalization
- Outpatient treatment



Services

Depending on the individual's needs, the following services are available in Geisinger Marworth's inpatient treatment programs:

- Drug and alcohol screenings and evaluations
- Full detoxification services, including buprenorphine detox for opiate-addicted patients
- Individual therapy
- Group therapy
- Dialectical behavioral therapy (DBT)
- Recreational therapy, including low elements ropes course
- Educational therapy
- Music therapy
- Sand tray therapy
- Acupuncture
- Specialized program for healthcare professionals
- Specialized program for uniformed professionals
- Dual diagnosis patients
- Separate groups for men and women
- Trauma & PTSD support groups
- Relationship issues groups (including sexual compulsivity/addiction)
- Nutrition education program (including eating disorders)
- Relapse prevention support group
- Family program





Specialized therapies & programs

Recreational therapy

Geisinger Marworth's recreational therapy program features a low elements ropes course, fitness center and other experiential learning mediums. More than just exercise, rec therapy activities simulate a wide array of addiction recovery themes, such as group problem-solving, learning to trust others, asking for help and confronting compulsive/impulsive behavior.

Expressive therapy

Expressive therapies, such as music therapy and sand tray therapy, allow individuals in recovery to express themselves without words. The process is powerful in strengthening physical, emotional, cognitive and social needs.

Acupuncture

When performed during the detoxification phase of treatment, acupuncture at points in the ear can decrease cravings, depression and anxiety as well as improve sleep and concentration.

Dialectical behavioral therapy

Dialectical behavioral therapy (DBT) skills training teaches individuals in addiction treatment the critical coping skills of mindfulness, distress tolerance, interpersonal effectiveness and emotion regulation.

Family involvement

Educating and caring for the family is an essential part of addiction treatment and recovery. Geisinger Marworth offers a full-day program for families that includes educational and group discussions, family conferences and introduction to Al-Anon and Ala-Teen.

Healthcare Professionals Program

Individuals struggling with addiction who are also working in a healthcare profession face distinctive obstacles in recovery, such as high-stress environments and access to pharmaceuticals. To address this, Geisinger Marworth offers a special Healthcare Professionals Program for doctors, pharmacists, dentists, physician assistants, nurse practitioners, nurses and others working in healthcare roles and abusing drugs or alcohol.

Uniformed Professionals Program

Individuals struggling with substance abuse who are also working in a law enforcement profession face a unique set of challenges in recovery, such as exposure to trauma and risk of physical danger. To address this, Geisinger Marworth offers a special Uniformed Professionals Program for police officers, firefighters, emergency first responders and others working in similar roles and addicted to drugs or alcohol.

Trauma

The connection between addiction and trauma is strong. Geisinger Marworth's Seeking Safety: Trauma & PTSD Support Groups for trauma survivors struggling with addiction focus on coping skills, asking for help and boundaries.





Admissions

To guide you through the process, admissions counselors are available to:

- Arrange admissions for inpatient treatment
- Facilitate transportation
- Schedule evaluations
- Assist with insurance verifications

Individuals may self-refer to Geisinger Marworth or be referred by family members, physicians, community-based drug and alcohol programs, employee assistance professionals, insurance providers or clergy.

Call 800-442-7722 to make admissions arrangements or learn more.

Payment

Geisinger Marworth is an approved treatment provider for many managed care organizations and insurance plans. Our experienced admissions counselors explore every opportunity for payment options with individuals and their families.



Compassionate staff

All Geisinger Marworth, employees — doctors, nurses, addiction counselors, admissions counselors, administrators and support staff — are dedicated to helping addicted individuals choose the road to recovery and stay on course. The credentials of our professional team demonstrate our commitment to providing compassionate care in a structured program with a blend of successful approaches.

Our team includes:

Medical director

Board certified in psychiatry and addiction psychiatry and certified in addiction medicine by the American Society of Addiction Medicine (ASAM)

Associate medical director

Board certified in emergency medicine and certified in addiction medicine by the American Society of Addiction Medicine (ASAM)

Social workers

Credentialed and experienced in the alcohol and chemical dependency field



Primary counselors

Trained and experienced in treating healthcare and uniformed professionals

Director of nursing

Certified in addiction nursing

Admissions director

Master-level social worker with extensive experience in addiction treatment





Our commitment to excellence

Geisinger Marworth inpatients continually report* high levels of satisfaction with their treatment experience — overall and with several key components such as privacy and feeling safe. A majority of patients also indicated they would recommend Geisinger Marworth to a family member or friend who needed help with an addiction problem.

* Monthly analysis of Residential Treatment Questionnaires conducted by Geisinger Marworth.

Accreditation and licensure

Geisinger Marworth is licensed by the Pennsylvania Department of Drug and Alcohol Programs and is accredited by The Joint Commission on Accreditation of Healthcare Organizations.

Medical assessments of patients are completed in accordance with guidelines and protocols established by the American Society of Addiction Medicine and the Diagnostic Statistical Manual 5 of the American Psychiatric Association.

Communication

We are especially sensitive to the needs of referral sources, managed care organizations and family members. At Geisinger Marworth, we understand the importance of continuous communication throughout the course of treatment. Our experience has demonstrated that a positive working relationship between referral sources and our clinical staff greatly enhances the individual's success in treatment.



Photo gallery

Our beautiful facility was designed so that you can focus on recovery within an attractive and supportive setting. For more images of the Geisinger Marworth buildings, property and activities, please visit our website at marworth.org/gallery.





Finding your way

Geisinger Marworth is located in Waverly, Pa.

The facility and its surroundings promote dignity, respect and serenity — environmental essentials for successful dependency treatment. We are also conveniently accessible to several interstate highways and the Wilkes-Barre/Scranton International Airport.

For detailed directions, visit our website at marworth.org.

