

## Pediatric concussion management education

Own an Android device? Access the *Pediatric Concussion Management eBook* to learn about concussions, management of concussions and what to expect in the recovery process.

## The eBook includes:

- · Concussion care at Geisinger
- Diagnosing a concussion and symptoms
- Home care
- Recovery
- Returning to school and activities
- · What a concussion is
- And more!

## How to access this eBook:

• Go to geisinger.org/PedsCon to access the *Pediatric Concussion Management eBook*.

Don't forget friends and family helping you. They can also download the materials and follow along.

Any questions? Contact your care team.