MyG Photos
How to take self images

- Please take at least 3 photos
  - Far distance
  - Mid-distance
  - Close-up
- Have a friend or family member take images when possible
  - No “selfies”
How to take self images continued

- Circle with a marker or point to the concerning area
- Use a solid color for the photo background
- Take the photo in a well-lit area
  - Avoid shadows
  - Experiment with flash
- Do not alter the photo (e.g. no filters)
Far distance
* Wide photograph for perspective and location
Mid-distance

* Photograph the entire area involved. Include a body landmark (e.g. elbow)
Third image

Close-up

* May need macro view (i.e. flower icon on camera)
How to send images to a provider: login to mygeisinger.org
Message My Dr.'s Office

This feature is a convenient way to contact your doctor’s office, as well as various other departments dependent on your needs.

Note: Message My Dr.'s Office is not intended for emergency situations. Call 911 if you have a medical emergency.

Let’s get started!

Is this message related: Yes  No

Back to the Home Page
Advice/Update/Question

Please observe the following guidelines when using electronic communication:

- Do not use electronic communication for urgent matters. Normal turnaround time is 1-2 business days.
- Documentation of your message will become part of your medical record.
- If you are unable to describe your medical condition in the space provided, please call your doctor's office.

Your message may be read by others who are involved in your care besides your doctor. If you do not receive a timely reply, please contact your doctor's office.

If you leave this screen without sending your message, your message will NOT be retained.

Expect a response within 2 business days.

From:

To the office of: Choose a Recipient
Subject: Enter Text Here

Enter Text Here

Browse

Respond by: MyGeisinger Message
Other (specify here)

Type your question here.
Advice/Update/Question

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From

To the office of: Choose a Recipient

Subject: Enter Text Here

Enter Text Here

Attach an image: Browse

Respond by: MyGeisinger Message

Send

Back to the Home Page
You can also upload images from your smartphone using the MyChart App
From your smart Phone: download the MyChart App
Login with your MyGeisinger account
Michael A Facktor, MD
RE: update

Jennifer L G
RE: update

Jennifer L G
RE: update

Geisinger Appointments
EpiPen Recall

Geisinger Appointments
EpiPen Recall

Ashley M K
eyewear

Sandeep Khurana, MD
Biopsy results.

Judith Bianchi Bowser, OD
CLs

Darlene L Haupt, DO
?
Send a non-urgent message to your clinic. Expect a response within 2 business days.

Regarding:

To:

Subject:

Attachments:
YOU MAY ATTACH ONE IMAGE

Attach image
Send a non-urgent message to your clinic. Expect a response within 2 business days.

Regarding:

To:

Subject:

Attachments: 1
Send a non-urgent message to your clinic. Expect a response within 2 business days.

Regarding:

To: 

Subject: Derm image

Attachments: 1

Attached is my image.
After review of your photos, your provider may still need to see you in clinic for further evaluation and treatment.