

# THE FATAL 5



FREE HCQU VIRTUAL TRAINING

EASY TO ACCESS

HEALTH LITERATE

**One HCQU instructor led virtual training will be offered in **DECEMBER** on the common health conditions that are associated with preventable deaths in people with Intellectual & Developmental Disabilities (IDD).**

Medical emergencies are inevitable, but some can potentially be avoided through building awareness and offering preventative education. Research shows there are five health conditions in individuals with IDD that often go unrecognized and are linked to serious illness and preventable deaths in community-based settings.

They are referred to as **The Fatal Five**:

**ASPIRATION \* BOWEL OBSTRUCTION \* DEHYDRATION \* SEIZURES \* INFECTION/SEPSIS**

As more individuals with IDD transition into community settings, support staff play a vital role in the lives of the people they care for. Knowing how to prevent, recognize and seek treatment for select medical situations will not only improve the quality of their care, but will also save lives. Training and developing your staff to assist with recognizing and managing these fatal conditions is imperative.

**The Fatal Five training is 2 hours in length and allows for Q&A. Registration is not required. A certificate of completion is provided. [MONTHLY TRAINING SCHEDULE](#)**

This training may be counted towards the annual training hour requirements specified at 55 Pa.Code § 6100.143 (related to Annual Training).

**December 8, 2022, 1:00 pm -3:00 pm**

**Microsoft Teams meeting**

**Join on your computer, mobile app or room device**

[Click here to join the meeting](#)

Meeting ID: 261 812 427 440

Passcode: J3ZDhR

[Download Teams](#) | [Join on the web](#)

**Join with a video conferencing device**

Video Conference ID: 116 926 695 2

[Alternate VTC instructions](#)

[THE CENTRAL PA HEALTH CARE QUALITY UNIT-HCQU](#) is here for your training needs.