

# THE SKINNY ON SKIN

Education for caretakers on good skin health and pressure injury prevention.

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**Skin integrity and pressure injury prevention is a priority.** Education and awareness are the essential building blocks in promoting skin health for people of all ages and in the prevention and management of pressure injuries.

Pressure injuries can be devastating causing not only pain and distress but can also be life-threatening. Our goal is for staff to have a clear understanding of the potential impact of a pressure injury and the importance of its prevention.

### **Training Objectives:**

- **Discuss what makes good skin health**
- **Identify what a pressure injury is and common locations for them**
- **Identify what puts a patient at risk for pressure injuries**
- **Discuss pressure injury prevention in the home and basic wound treatments**



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