Dementia Screening Questionnaire for I /DD (adapted)

People with intellectual and developmental disabilities (I/DD) may be at risk for developing dementia/Alzheimer's Disease. This tool was developed to assist caregivers in collecting information to be shared with physicians. This is not a clinical assessment tool.

It is recommended that this tool:

- begin at age 35 for people with Down Syndrome
- begin at age 50 for people with Intellectual and Developmental Disabilities (I/DD), or earlier if symptoms are detected sooner
- once used be repeated on an annual basis or as often as needed
- be completed by someone who knows or works with the person for at least 6 months to a year
- be completed by multiple family members
- be completed by various staff members, preferably working each shift (within residential services)

Diagnosis should NEVER be made by completion of this tool alone. It is critical once this form is completed to have a medical professional review this document and refer for additional medical testing as recommended.

| Name: | Date of Birth: |
|---|---|
| Female Male Diagnosis/Medical Conditions (include both Physical and Mental Health Conditions): | List Current Medications and dosages or attach Medication Administration Record: |
| | |
| Problem with vision/blind Problem with hearing/deaf Past Mental Health diagnosis (list) | |

Other Information

Any recent life changes? (e.g. death of family member or friend, loss, move, etc.)

Anything else worth noting?

Dementia Screening Questionnaire for I/DD (adapted) Residential

Please complete the following questions by placing a check mark in the appropriate box. At the bottom of the paper, please detail your name, title, duration of experience with the client, time of observation of the client (AM, PM).

Example: Question 1) Cannot wash and or bathe without help.

- If the person has always needed help with washing and bathing in his or her adult life, please \square "Always" been the case."
- If the person's previous skills in this area seem to have deteriorated, \square Always, but seems worse." If the person had the skill in their adult life and has recently lost this skill, please \square "New symptom." •
- •
- Finally, if the question does not apply to the person (in this case, if the person can wash without help ٠

| | Always been the case | Always but worse | New symptom | Does not apply |
|---|----------------------------|------------------------|----------------|-------------------|
| Activities of Daily Living | | | | |
| Cannot wash and/or bathe without help | | | | |
| Cannot dress without help | | | | |
| Dresses inappropriately (e.g., back to front, incomplete) | | | | |
| Undresses inappropriately (e.g., in public) | | | | |
| Needs help eating | | | | |
| Needs help using the bathroom | | | | |
| Incontinent (including occasional accidents) | | | | |
| Language & Communication | | | 1 | |
| Does not initiate conversation | | | | |
| Cannot find words | | | | |
| Cannot follow simple instructions | | | | |
| Cannot follow more than one instruction at a time | | | | |
| Stops in the middle of a task | | | | |
| Cannot read | | | | |
| Cannot write (including printing own name) | | | | |
| Sleep-Wake Pattern | | | | |
| Excessive/inadequate (sleeping more or sleeping less) | | | | |
| Wakes frequently at night | | | | |
| Confused at night | | | | |
| Sleeps during the day | | | | |
| Wanders at night | | | | |
| Ambulation | | | | |
| Not confident walking over small cracks, lines on the ground or uneven surfaces | | | | |
| Unsteady walk, loses balance | | | | |
| Cannot walk unaided | | | | |

Dementia Screening Questionnaire for I/DD (adapted) Residential

| | Always been the case | Always but worse | New symptom | Does not apply |
|--|-------------------------------|------------------------|----------------|-------------------|
| Memory | | | | |
| Cannot recognize familiar person (staff/relatives) | | | | |
| Cannot remember names of familiar people | | | | |
| Cannot remember recent events | | | | |
| Cannot find way in familiar surroundings | | | | |
| Loses track of time (time of day, day of the week, seasons) | | | | |
| Behavior | | | | |
| Wanders | | | | |
| Withdrawal from social activities | | | | |
| Withdraws from people | | | | |
| Loss of interest in hobbies and activities | | | | |
| Seems to go into own world | | | | |
| Obsessive or repetitive behavior (e.g., empties cup- boards repeatedly) | | | | |
| Hides or hoards objects | | | | |
| Loses objects | | | | |
| Puts familiar things into wrong places | | | | |
| Does not know what to do with familiar objects | | | | |
| Appears insecure | | | | |
| Appears anxious or nervous | | | | |
| Appears depressed | | | | |
| Shows aggression (verbal or physical) | | | | |
| Seizures | | | | |
| Abnormal Involuntary Movement (head, neck, limbs, trunk) | | | | |
| Talks to self | | | | |

Does the individual identify for himself/herself any change or loss of skill or abilities?

If so, please describe and note any other changes in behavior, personality, memory, or functional abilities?

| Date Completed: | How long have you known the individual and in what capacity? |
|-----------------|--|
| Completed By: | |
| Time Completed: | |

Dementia Screening Questionnaire for I/DD (adapted) Day Program/Employer

| | Always been the case | Always but worse | New symptom | Does not apply |
|--|----------------------------|------------------------|----------------|----------------------|
| Activities of Daily Living | | | | |
| Cannot dress appropriately | | | | |
| Incontinent (including occasional accidents) | | | | |
| Language & Communication | | | | |
| Difficulty finding words | | | | |
| Memory | | | | |
| Does not know location of areas (Bathroom, Workspace) | | | | |
| Behavior | | | | |
| Lack of interest with friends | | | | |
| Lack of interest with hobbies | | | | |
| Forgetful | | | | |
| Sad | | | | |
| Gets into fights or becomes argumentative easily | | | | |
| Withdrawn | | | | |
| Overly concerned (anxious) | | | | |
| Job Performance | | | | |
| Unable to complete routine tasks | | | | |
| Difficulty learning new tasks | | | | |
| Refusal to perform job | | | | |
| Loses track of time/schedule/activities | | | | |
| Academic | | | | |
| Unaware of time by clock | | | | |
| Unaware of time by association | | | | |
| Unable to read | | | | |
| Unable to write | | | | |
| Medical | | | | |
| Seizures | | | | |
| Abnormal Involuntary Movement (head, neck, limbs, trunk) | | | | |
| Ambulation difficulty | | | | |

Does the individual identify for himself/herself any change or loss of skill or abilities?

If so, please describe and note any other changes in behavior, personality, memory, or functional abilities?

| Date Completed: | How long have you known the individual and in what capacity? |
|-----------------|--|
| Completed By: | |
| Time Completed: | |