

Dual Diagnosis Direct Support Curriculum

Functional Behavioral Assessment and Behavior Support Planning: Questions and Information to Consider

Identifying and Describing Challenging Behavior: Information You Should Gather/Questions to Answer

- Do you see desirable behaviors occurring before the challenging behaviors?
- What does the challenging behavior look like/what happens?
- How often does the challenging behavior occur?
- How long does the challenging behavior usually last?
- How damaging or destructive is the behavior?
- Do all the challenging behaviors occur at the same time?
- Which challenging behaviors are likely to occur together in some way?
- What is the order of the behaviors if they occur in a sequence?
- When does the challenging behavior NOT occur?

Setting Events: Information You Should Gather/Questions to Answer

- Is the person taking any medications that may have an effect on the behavior?
- Is there a medical or physical problem that may affect his/her behavior?
- Is there a psychiatric concern that may affect his/her behavior?
- Is the person experiencing sleeping /resting problems?
- Is there any eating issue that may be affecting diet?
- List the activities where the person is successful and does not engage in challenging behaviors.
- List the activities where challenging behaviors occur.
- Are the activities on the daily schedule predictable for the person?
- Does the person know what to expect after one activity ends and the next begins?
- Is it clear to the person about who they will spend time with and for how long?
- What choices does the person make about his activities each day?
- How many people are typically around the person in different settings (home, community day program etc)?
- What supports does the person receive at work/home?

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Antecedents: Questions to Consider

- Are their issues related to the number of supporters?
- What is the current supporter/staffing pattern?
- Is there one supporter the person prefers
 - What makes that staff person effective?
- Is there one supporter the person strongly dislikes?
 - What are the barriers in the relationship?
- Is there a peer that conflicts with the person
 - What are the barriers in the relationship?
- What environments are most likely to trigger challenging behavior?
- What environments are least likely to trigger challenging behavior?
- What time of day is most likely to trigger challenging behavior?
- What time of day is most likely to trigger challenging behavior?
- What people are most likely to trigger challenging behavior?
- What people are least likely to trigger challenging behavior?
- What activities are most likely to trigger challenging behavior?
- What activities are least likely to trigger challenging behavior?
- What words/phrases/tones of voice are most likely to trigger challenging behavior?
- What words/phrases/tones of voice are least likely to trigger challenging behavior?
- What does the person do when:
 - He/she is asked to complete a task or a chore?
 - When a favorite activity begins?
 - When a favorite activity ends or is disrupted?
 - An unexpected change occurs in the person's routine?
 - They are unable to get a preferred object or activity without assistance?
 - They are left alone?
 - When they are in a room with others who are not talking or interacting with them?
 - When they are not given personal space?
 - When too many demands are placed on them at once?
- What is one thing you could do that would make it highly likely that the person would engage in challenging behaviors?
- What is one thing you could do that would make it highly unlikely that the person would engage in challenging behaviors?