Wearing a mask helps me stay healthy.

Geisinger



Things are different.

School is closed.

Some restaurants are only drive-through.

My whole family is in the house all the time.

I can't go to my favorite playground.

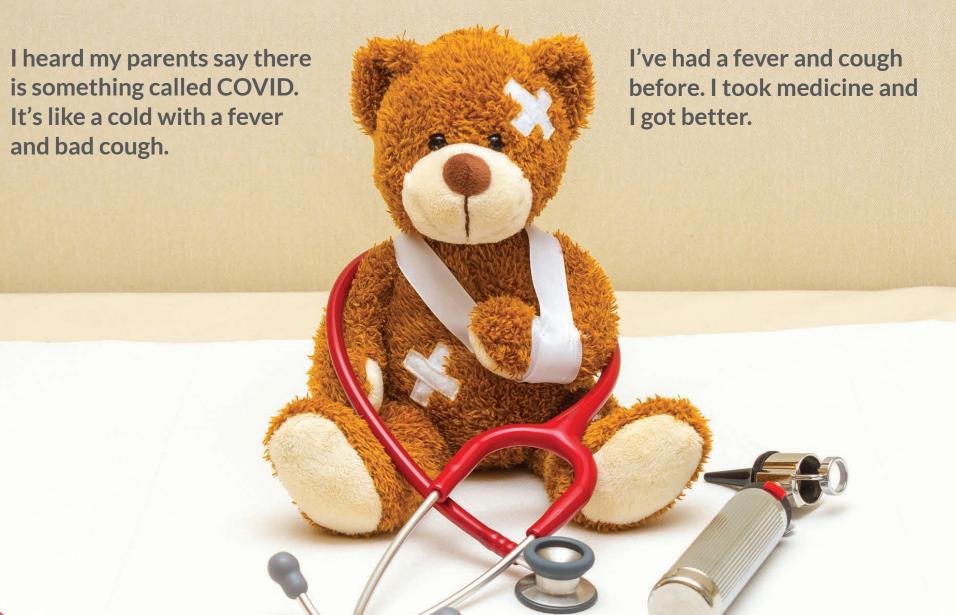


I sometimes get confused and sad when things change.

My family can help me understand what's going on.



Why are things different?



We can do things to stay healthy.

Wash hands.

Cough in my elbow.

Only hug and kiss people in my house.

Elbow "high-five."

Wear a mask.



Washing my hands or using sanitizer can help me stay healthy.

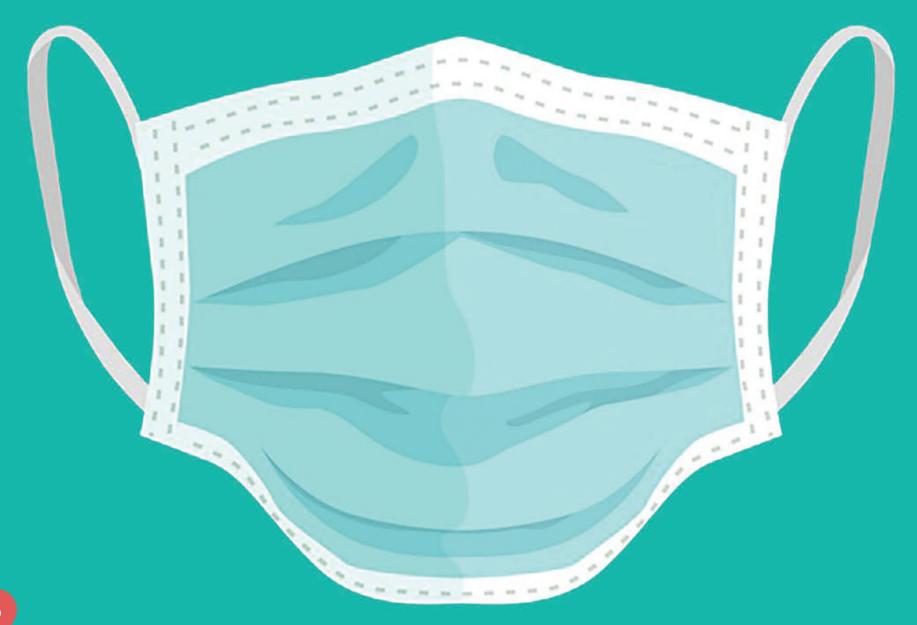


We can keep space between people.

My parent will let me know if I'm too close to someone else.

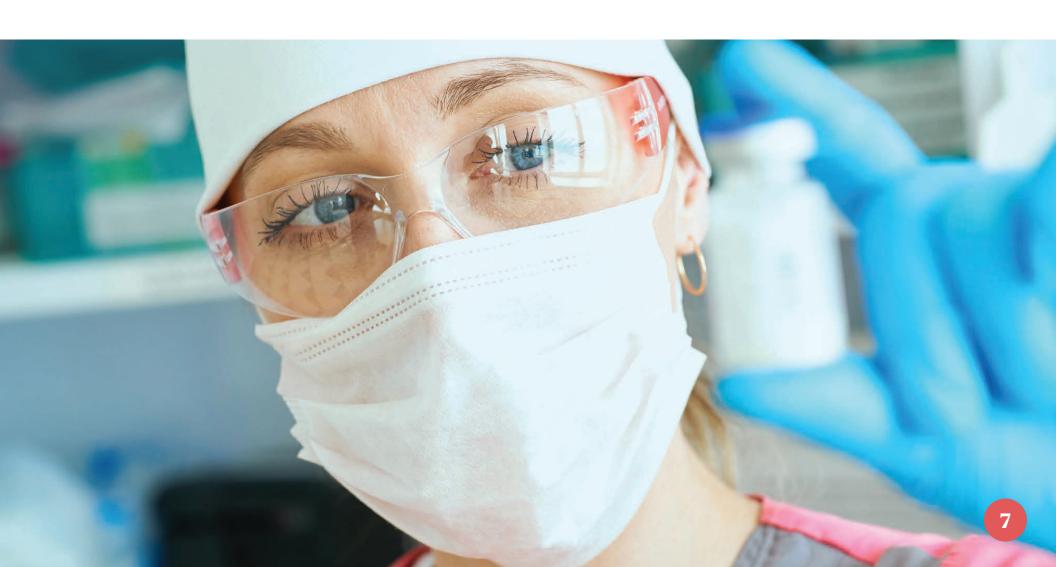


Wearing a mask will help me stay healthy.



I've seen people wear masks before.

This mask will keep germs away.



My doctor and I can both wear masks.



Wearing a mask is a way to stay safe.

Everyone in my family will wear a mask when we go outside our house to places like the grocery store.



I will wear a mask when I am outside.



I might be able to pick a mask.

Some are cloth.

Some are at the doctor's office.





I will keep my mask on.

I may get a special prize or extra time on my tablet when we get home if I keep my mask on.



Wearing a mask isn't so scary now that I know what to do.



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Autism & Developmental Medicine Institute

120 Hamm Drive, 2nd floor Lewisburg, PA 17837 570-522-9430

Geisinger Precision Health Center

190 Welles Street, Suite 128 Forty Fort, PA 18704

