# Curriculum Vitae Michael R. Gionfriddo, Pharm.D, Ph.D

#### PERSONAL INFORMATION

Work Address: Center for Pharmacy Innovation and Outcomes

Geisinger Precision Health Center 190 Welles Street, Suite 128 Forty Fort, PA 18704

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## PRESENT POSITION

**Adjunct Professor** – Nesbitt School of Pharmacy, Wilkes University, 2017-Present Wilkes-Barre, Pennsylvania

Assistant Professor – Center for Pharmacy Innovation and Outcomes,
Geisinger Precision Health Center, Forty Fort, Pennsylvania.
Supervisor: Eric Wright, Pharm.D, MPH

# **EDUCATION**

Mayo Graduate School, Mayo Clinic, Ph.D 2011-2016

Nesbitt School of Pharmacy, Wilkes University, Wilkes-Barre, Pennsylvania, 2006-2011

Pharm.D

#### **LICENSURE**

Pennsylvania (Pharmacist License) 2011-Present

#### **HONORS/AWARDS**

Wilkes-Barre, Pennsylvania

Mayo Clinic Quality Academy Silver Certification

Mayo Clinic
Rochester, Minnesota

Wilkes University Excellence in Pharmaceutical Research Award
Pharmaceutical Sciences Department, Wilkes University,

# Achieving Independence Competition Winner 2010 Pennsylvania Pharmacists Association

# PREVIOUS PROFESSIONAL POSITIONS AND MAJOR APPOINTMENTS

Graduate Student – Knowledge and Evaluation Research (KER) Unit, Mayo Clinic, Rochester, Minnesota. Primary Thesis Mentor: Victor Montori, MD, MSc	06/2011- 06/2016
Research Assistant – Department of Pharmaceutical Sciences Wilkes University, Wilkes-Barre, Pennsylvania Research Mentor: Adam L. VanWert Pharm.D, Ph.D	01/2009- 05/2010
<b>Pharmacy Intern</b> – Wilkes-Barre General Hospital, Wilkes-Barre, Pennsylvania	05/2007- 10/2009

# PROFESSIONAL & COMMUNITY MEMBERSHIPS, SOCIETIES AND SERVICES

# **Membership in Professional Organizations:**

National: Academy Health, American Pharmacists Association, American Association for the Advancement of Science, American Association of Pharmaceutical Scientists, American Society of Pharmacology and Experimental Therapeutics, American Society of Health-Systems Pharmacists, Lambda Kappa Sigma State: Pennsylvania Pharmacists Association

## **JOURNAL RESPONSIBILITIES**

#### **Editorial Board Member**

Pennsylvania Pharmacist	2017-Present

# **Guest Academic Editor**

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## Reviewer

Journal of Affective Disorders Journal of the American Pharmacists Association Pain Management JGIM	2017-Present 2017-Present 2017-Present 2016-Present
IIE Transactions on Healthcare Systems Engineering	2016-Present
JAMA	2016-Present
Acta Medica Academica	2015-Present 2015-Present
BMC Medical Research Methodology  Journal of Clinical Epidemiology	2015-Present
Journal of Comparative Effectiveness Research	2015-Present
Trials	2015-Present
Journal of Pharmaceutical Health Services Research	2015-Present
Respiratory Medicine	2014-Present
Thyroid	2014-Present
BMC Medical Informatics and Decision Making	2014-Present
The BMJ	2014-Present
PLOS ONE	2013-Present
BMC Health Services Research	2013-Present

Spring 2017

08/2008-

05/2010

09/2013

8/2014-7/2015

# **EDUCATIONAL ACTIVITIES**

## Teaching

Pharmacy students

PHA 310: Clinical Research and Design

Guest Lecturer. Taught on bias and critical appraisal

Wilkes University

Wilkes-Barre, Pennsylvania

PHA 331 and 332: Medical Anatomy and Physiology I and II

Teaching Assistant. Helped run the laboratory portion of the course

Wilkes University

Wilkes-Barre, Pennsylvania

## Mentoring

Jones, Morgan L. Pharm.D (PGY1 Pharmacy resident)

Description: Served as the research mentor on Dr. Jones' PGY1

pharmacy reisdency project.

# **INSTITUTIONAL COMMITTEE MEMBERSHIPS**

Geisinger Health System

Patient Engagement Working Group 2016-Present Institutional Review Board 2017-2019

Mayo Clinic

Mayo Graduate School Education Committee Student Representative 2012-2013

Mayo Graduate School Library Committee Student Representative 2013-2016

## **PRESENTATIONS**

# International

Optimizing Medication Use in Chronic Disease:

A Shared Decision Making Approach

19<sup>th</sup> Annual Mayo Clinic-Karolinska Institutet Conference

Stockholm, Sweden

## **National**

SDM for step down and stopping decisions 10/2017

Minimally Disruptive Medicine Workshop

Rochester, Minnesota

Introduction to GRADE 11/2014

Global Vascular Guidelines Steering Committee Meeting

New York, New York

Transforming Pharmaceutical Care: EBM, SDM, and MDM 08/2014

2014 International Social Pharmacy Workshop

Boston, Massachusetts

Helping Patients Make Wiser Choices: The Mayo Experience 2014 Association of Medical Illustrators Annual Conference Rochester, Minnesota 07/2014

## Regional

Prescribing Practices for Antihypertensive Medications in a Cohort of Patients with Diabetes: 1995-2010 16<sup>th</sup> Annual Minnesota Health Services Research Conference St. Paul, Minnesota

03/2012

Deprescribing in the Elderly MPhA Annual Learning Networking Event St Paul. Minnesota 09/2015

#### Panel

Where Do We Go From Here: Recommendations for Transforming the Health Care Landscape
Suboptimal Medication Use and Adherence The Intersection of Research, Implementation and Policy
Washington D.C.

12/2016

## **POSTERS**

#### **National**

- Gionfriddo MR, Olenak JL. The Future of Healthcare: United We Stand...Divided We Fall.... Pennsylvania Pharmacists Association Mid-Year Meeting in Grantville, Pennsylvania February 2010
- 2. **Gionfriddo MR**, VanWert AL. Novel Interactions of β-Lactam Antibiotics with Renal Organic Anion Transporter 3 (Oat3). American Academy of Colleges of Pharmacy Annual Meeting in Seattle, Washington July 2010.
- Gionfriddo MR, LeBlanc A, Johnson A, Ylvasker H, Youel K, Ruud K, Shah ND, Montori VM. Wiser Choices in Making Decisions about Anti-Hypertensive Medication: Challenges in the Development of a Decision Aid for Use in Hypertension. 2nd Annual Shared Decision Making Symposium in St. Louis, Missouri. March 2012
- 4. Trombetta DP, **Gionfriddo MR**. An Interprofessional Education Model Using Medical Residents and Pharmacy Students: The Effect on Diabetes Education. American Academy of Colleges of Pharmacy Annual Meeting in Seattle, Washington. July 2012
- Gionfriddo MR, Rank MA, LeBlanc A, Montori VM. Reducing Medication Use: A Shared Decision Making Approach. 5th Annual National Clinical and Translational Science Predoctoral Programs Meeting. May 2013
- Rank MA, Johnson R, Branda M, Herrin J, van Houten H, Gionfriddo MR, Shah ND. Predicting Outcomes after Stepping Down Asthma Controller Medications. 20<sup>th</sup> Annual Mayo Clinic-Karolinska Institutet Conference. Rochester, Minnesota. September 2014

## **BIBLIOGRAPHY**

#### **Peer-reviewed Articles**

- VanWert AL, Gionfriddo MR, Sweet DH. Organic anion transporters: discovery, pharmacology, regulation and roles in pathophysiology. Biopharm Drug Dispos. 2010 Jan;31(1):1-71. PMID: 19953504.
- Wolman AT, Gionfriddo MR, Heindel GA, Mukhija P, Witkowski S, Bommareddy A, VanWert AL. Organic anion transporter 3 interacts selectively with lipophilic beta-lactam antibiotics. Drug Metab Dispos. 2013 Apr;41(4):791-800. PMID: 23344796.
- Gionfriddo MR, Leppin AL, Brito JP, Leblanc A, Shah ND, Montori VM. Shared decision-making and comparative effectiveness research for patients with chronic conditions: an urgent synergy for better health. J Comp Eff Res. 2013 Nov;2(6):595-603. PMID: 24236798
- 4. **Gionfriddo MR,** Greenberg AJ, Wahegaonkar AL, Lee KH. Pathways of translation: deep brain stimulation. Clin Transl Sci. 2013 Dec;6(6):497-501. PMID: 24330698
- 5. **Gionfriddo MR,** McCoy RG, Lipska KJ. The 2013 American Association of Clinical Endocrinologists' diabetes mellitus management recommendations: improvements needed. JAMA Intern Med. 2014 Feb 1;174(2):179-80. PMID: 24322834
- Leppin AL, Gionfriddo MR, Sood A, Montori VM, Erwin PJ, Zeballos-Palacios C, Bora PR, Dulohery MM, Brito JP, Boehmer KR, Tilburt JC. The efficacy of resilience training programs: a systematic review protocol. Syst Rev. 2014 Mar;3:20. PMID: 24602236
- Foote EF, Roland BE, **Gionfriddo MR**, Holt-Macey S. Differences between residencyand non-residency-trained preceptors on student perceptions and activities of community practice advanced pharmacy practice experiences (APPEs). Currents in Pharmacy Teaching and Learning. 2014;6(2):259-64.
- 8. Brito JP, **Gionfriddo MR**, Al Nofal A, Boehmer KR, Leppin AL, Reading C, et al. The accuracy of thyroid nodule ultrasound to predict thyroid cancer: systematic review and meta-analysis. J Clin Endocrinol Metab. 2014 Apr;99(4):1253-63. PMID: 24276450
- Gionfriddo MR, Morey-Vargas OL, Brito JP, Leppin AL, Murad MH, Montori VM. Systematic reviews to ascertain the safety of diabetes medications. Curr Diab Rep. 2014 Apr;14(4):478. PMID: 24563375
- Gionfriddo MR, Leppin AL, Brito JP, Leblanc A, Boehmer KR, Morris MA, Erwin PJ, Prokop LJ, Zeballos-Palacios CL, Malaga G, Miranda JJ, McLeod HM, Rodríguez-Gutiérrez R, Huang R, Morey-Vargas OL, Murad MH, Montori VM. A systematic review of shared decision making interventions in chronic conditions: a review protocol. Syst Rev. 2014 Apr;3:38. PMID: 24731616
- Leppin AL, Gionfriddo MR, Kessler M, Brito JP, Mair FS, Gallacher K, Wang Z, Erwin PJ, Sylvester T, Boehmer K, Ting HH, Murad MH, Shippee ND, Montori VM. Preventing 30-day hospital readmissions: a systematic review and meta-analysis of randomized trials. JAMA Intern Med. 2014 Jul;174(7):1095-107. PMID: 24820131
- 12. Leppin AL, Bora PR, Tilburt JC, **Gionfriddo MR**, Zeballos-Palacios C, Dulohery MM, et al. The efficacy of resiliency training programs: a systematic review and meta-analysis of randomized trials. PLoS One. 2014 Oct;9(10):e111420. PMID: 25347713

- 13. Leppin AL, Montori VM, **Gionfriddo MR**. Minimally Disruptive Medicine: A Pragmatically Comprehensive Model for Delivering Care to Patients with Multiple Chronic Conditions. Healthcare. 2015;3(1):50-63.
- Brito JP, Asi N, Bancos I, Gionfriddo MR, Zeballos-Palacios CL, Leppin AL, Undavalli C, Wang Z, Domecq JP, Prustsky G, Elraiyah TA, Prokop LJ, Montori VM, Murad MH. Testing for germline mutations in sporadic pheochromocytoma/paraganglioma: a systematic review. Clin Endocrinol (Oxf). 2015 Mar;82(3):338-45. PMID: 24954084
- 15. Tian M, Yuan YC, Li JY, **Gionfriddo MR**, Huang RC. Tumor necrosis factor-α and its role as a mediator in myocardial infarction: A brief review. Chronic Diseases and Translational Medicine. 2015 Mar;1(1):18-26
- Rank MA, Gionfriddo MR, Pongdee T, Volcheck GW, Li JT, Hagan CR, Erwin PJ, Hagan JB. Stepping down from inhaled corticosteroids with leukotriene inhibitors in asthma: A systematic review and meta-analysis. Allergy Asthma Proc. 2015 May;36(3):200-5. PMID: 25976437
- 17. Elraiyah T, **Gionfriddo MR**, Murad MH. Acting on black box warnings requires a GRADE evidence table and an implementation guide: the case of teriparatide. J Clin Epidemiol. 2015 Jun;68(6):698-702. PMID: 25766055
- 18. Tsulukidze M, Grande SW, **Gionfriddo MR**. Assessing Option Grid practicability and feasibility for facilitating shared decision making: An exploratory study. Patient Educ Couns. 2015 Jul;98(7):871-7. PMID: 25841546
- Gionfriddo MR, Hagan JB, Hagan CR, Volcheck GW, Castaneda-Guarderas A, Rank MA. Stepping Down Inhaled Corticosteroids from Scheduled to as-needed in Stable Asthma: Systematic Review and Meta-analysis. Allergy Asthma Proc. 2015 Jul;36(4):262-7. PMID: 26108083
- 20. Huang R, **Gionfriddo MR**, Zhang L, Leppin AL, Ting HH, Montori VM. Shared decision-making in the People's Republic of China: current status and future directions. Patient Prefer Adherence. 2015 Aug 6;9:1129-41. PMID: 26273201
- 21. Barr PJ, O'Malley AJ, Tsulukidze M, **Gionfriddo MR**, Montori VM, Elwyn G. The psychometric properties of Observer OPTION<sup>5</sup>, an observer measure of shared decision making. Patient Educ Couns. 2015 Aug;98(8):970-6. PMID: 25956069
- 22. Brito JP, Asi N, **Gionfriddo MR**, Norman C, Leppin AL, Zeballos-Palacios C, et al. The incremental benefit of functional imaging in pheochromocytoma/paraganglioma: a systematic review. Endocrine. 2015 Sep;50(1):176-86. PMID: 25663601
- 23. Rank MA, Johnson R, Branda M, Herrin J, van Houten H, **Gionfriddo MR**, Shah ND. Long term outcomes after stepping down asthma controller medications: A claimsbased, time-to-event analysis. Chest. 2015 Sep 1;148(3):630-639. PMID: 25997080
- 24. Brito JP, Castaneda-Guarderas A, Gionfriddo MR, Singh Ospina NM, Maraka S, Dean D, Castro MR, Fatourechi V, Gharib H, Stan MN, Branda M, Bahn RS, Montori V. Development and pilot testing of an encounter tool for shared decision making about the treatment of Graves Disease. Thyroid. 2015 Nov;25(11):1191-8. PMID: 26413979
- Elraiyah T, Gionfriddo MR, Montori VM, Murad MH. Content, Consistency, and Quality of Black Box Warnings: Time for a Change. Ann Intern Med. 2015 Dec 1;163(11):875-6. PMID: 26415046

- Alexander PE, Gionfriddo MR, Li SA, Bero L, Stoltzfus RJ, Neumann I, Brito JP, Djulbegovic B, Montori VM, Norris SL, Schünemann HJ, Thabane L, Guyatt GH. A number of factors explain why WHO guideline developers make strong recommendations inconsistent with GRADE guidance. J Clin Epidemiol. 2016 Feb;70:111-22. PMID: 26399903
- 27. Alexander PE, Li SA, Gionfriddo MR, Bero L, Stoltzfus RJ, Neumann I, Brito JP, Djulbegovic B, Montori VM, Schünemann HJ, Guyatt GH. Senior GRADE methodologists encounter challenges as part of WHO guideline development panels: an inductive content analysis. J Clin Epidemiol. 2016 Feb;70:123-8. PMID: 26385188
- 28. Schafer KM, **Gionfriddo MR**, Boehm DH. Shared decision making and medication therapy management with the use of an interactive template. J Am Pharm Assoc. 2016 Mar-Apr;56(2):166-72. PMID: 27000167
- Brito JP, Singh-Ospina N, Gionfriddo MR, Maraka S, Espinosa De Ycaza A, Rodriguez-Gutierrez R, Morris JC, Montori VM, Tuttle RM. Restricting ultrasound thyroid fine needle aspiration biopsy by nodule size: which tumors are we missing? A population-based study. Endocrine. 2016 Mar;51(3):499-505. PMID: 26254791
- 30. Al Nofal A, **Gionfriddo MR**, Javed A, Haydour Q, Brito JP, Prokop LJ, Pittock ST, Murad MH. Accuracy of thyroid nodule sonography for the detection of thyroid cancer in children: systematic review and meta-analysis. Clin Endocrinol (Oxf). 2016 Mar;84(3):423-30. PMID: 25845503
- 31. Maraka S, Singh Ospina NM, O'Keeffe DT, Espinosa De Ycaza AE, **Gionfriddo MR**, Erwin PJ, Coddington CC 3rd, Stan MN, Murad MH, Montori VM. Subclinical Hypothyroidism in Pregnancy: A Systematic Review and Meta-Analysis. Thyroid. 2016 Apr;26(4):580-90. PMID: 26837268
- 32. Alexander PE, Brito JP, Neumann I, **Gionfriddo MR**, Bero L, Djulbegovic B, et al. World Health Organization strong recommendations based on low-quality evidence (study quality) are frequent and often inconsistent with GRADE guidance. J Clin Epidemiol. 2016 Apr;72:580-90. PMID: 25618534
- 33. Dabrh AM, Singh Ospina NM, Nofal AA, Farah WH, Barrionuevo P, Sarigianni M, Mohabbat AB, Benkhadra K, Carranza Leon BG, **Gionfriddo MR**, Wang Z, Mohammed K, Ahmed A, Elraiyah TA, Haydour Q, Alahdab F, Prokop LJ, Murad MH. Predictors of biochemical remission and recurrence after surgical and radiation treatments of Cushing's disease: a systematic review and meta-analysis. Endocr Pract. 2016 Apr;22(4):466-75. PMID: 26789343
- Inselman J, Branda M, Castaneda-Guarderas A, Gionfriddo MR, Zeballos-Palacios CL, Morris MM, Shah ND, Montori VM, LeBlanc A. Uptake and Documentation of the Use of an Encounter Decision Aid in Usual Practice: A Retrospective Analysis of the Use of the Statin/Aspirin Choice Decision Aid. Med Decis Making. 2015 May;36(4):557-61. PMID: 26721257
- 35. Rank MA, Liesinger JT, Branda ME, **Gionfriddo MR**, Schatz M, Zeiger RS, Shah ND. Comparative safety and costs of stepping down asthma medications in patients with controlled asthma. J Allergy Clin Immunol. 2016 May;137(5):1373-1379. PMID: 26506020
- 36. Serrano V, Rodriguez-Gutierrez R, Hargraves I, **Gionfriddo MR**, Tamhane S, Montori VM. Shared decision-making in the care of individuals with diabetes. Diabet Med. 2016 Jun;33(6):742-51. PMID: 27105298

- 37. Singh Ospina N, Maraka S, Espinosa De Ycaza A, O'Keeffe D, Brito JP, **Gionfriddo MR**, Castro MR, Morris JC, Erwin P, Montori VM. Diagnostic accuracy of thyroid nodule growth to predict malignancy in thyroid nodules with benign cytology: Systematic review and meta-analysis. Clin Endocrinol (Oxf). 2016 Jul;85(1):122-31. PMID: 26562828
- 38. Asi N, Mohammed K, Haydour Q, **Gionfriddo MR**, Vargas OL, Prokop LJ, Faubion SS, Murad MH. Progesterone vs. synthetic progestins and the risk of breast cancer: a systematic review and meta-analysis. Syst Rev. 2016 Jul 26;5(1):121. PMID: 27456847
- 39. Rodriguez-Gutierrez R, **Gionfriddo MR**, Ospina NS, Maraka S, Tamhane S, Montori VM, Brito JP. Shared decision making in endocrinology: present and future directions. Lancet Diabetes Endocrinol. 2016 Aug;4(8):706-16. PMID: 26915314
- 40. Singh Ospina N, Brito JP, Maraka S, Espinosa de Ycaza AE, Rodriguez-Gutierrez R, Gionfriddo MR, Castaneda-Guarderas A, Benkhadra K, Al Nofal A, Erwin P, Morris JC, Castro MR, Montori VM. Diagnostic accuracy of ultrasound-guided fine needle aspiration biopsy for thyroid malignancy: systematic review and meta-analysis. Endocrine. 2016 Sep;53(3):651-61. PMID: 27071659
- 41. Boehmer KR, **Gionfriddo MR**, Rodriguez-Gutierrez R, Dabrh AM, Leppin AL, Hargraves I, May CR, Shippee ND, Castaneda-Guarderas A, Palacios CZ, Bora P, Erwin P, Montori VM. Patient capacity and constraints in the experience of chronic disease: a qualitative systematic review and thematic synthesis. BMC Fam Pract. 2016 Sep 1;17:127. PMID: 27585439
- Singh Ospina NM, Rodriguez-Gutierrez R, Maraka S, Espinosa de Ycaza AE, Jasim S, Castaneda-Guarderas A, **Gionfriddo MR**, Al Nofal A, Brito JP, Erwin P, Richards M, Wermers R, Montori VM. Outcomes of Parathyroidectomy in Patients with Primary Hyperparathyroidism: A Systematic Review and Meta-analysis. World J Surg. 2016 Oct;40(10):2359-77. PMID: 27094563
- 43. Huang RC, Song XT, Wu J, Huang W, Leppin AL, **Gionfriddo MR**, Liu YX, Boehmer KR, Ting HH, Montori VM. Assessing the feasibility and quality of shared decision making in China: evaluating a clinical encounter intervention for Chinese patients. Patient Prefer Adherence. 2016 Nov 14:2016(10):2341-2350. PMID: 27881912
- 44. Singh Ospina N, Maraka S, Rodriguez-Gutierrez R, Espinosa de Ycaza AE, Jasim S, **Gionfriddo M**, Castaneda-Guarderas A, Brito JP, Al Nofal A, Erwin P, Wermers R, Montori V. Comparative efficacy of parathyroidectomy and active surveillance in patients with mild primary hyperparathyroidism: a systematic review and meta-analysis. Osteoporos Int. 2016 Dec;27(12):3395-407. PMID: 27562567
- 45. Farah WH, Alsawas M, Mainou M, Alahdab F, Farah MH, Ahmed AT, Mohamed EA, Almasri J, **Gionfriddo MR**, Castaneda-Guarderas A, Mohammed K, Wang Z, Asi N, Sawchuk CN, Williams MD, Prokop LJ, Murad MH, LeBlanc A. Non-pharmacological treatment of depression: a systematic review and evidence map. Evid Based Med. 2016 Dec;21(6):214-21. PMID: 27836921
- 46. Cintron D, Lipford M, Larrea-Mantilla L, Spencer-Bonilla G, Lloyd R, **Gionfriddo MR**, Gunjal S, Farrell AM, Miller VM, Murad MH. Efficacy of menopausal hormone therapy on sleep quality: systematic review and meta-analysis. Endocrine. 2017 Mar;55(3):702-11. PMID: 27515805

- 47. Jones LK, Greskovic G, Grassi DM, Graham J, Sun H, **Gionfriddo MR**, Murray MF, Manickam K, Nathanson DC, Wright EA, Evans MA. Medication therapy disease management: Geisinger's approach to population health management. Am J Health Syst Pharm. 2017 Sep 15;74(18):1422-35. PMID: 28887344
- 48. **Gionfriddo MR**, Hagan JB, Rank MA. Why and how to step down chronic asthma drugs. BMJ. 2017 Oct 16;359:j4438. PMID: 29038166

# **Book Chapters**

- Morey-Vargas OL, Zeballos-Palacios C, Gionfriddo MR, Montori VM. The Hierarchy of Evidence. In: Biondi-Zoccai G, editor. Network Meta-Analysis: Evidence Synthesis with Mixed Treatment Comparison. NOVA Science Publishers; 2014: 3-20 (Book Chapter)
- 2. **Gionfriddo MR**, Murad MH, LeBlanc A, Montori VM. GRADE: A framework to evaluate the quality of evidence and facilitate shared decision making. In: Elwyn G, Edwards A, Thompson R, editors. Shared Decision Making in Health Care: Achieving evidence-based patient choice. Oxford University Press; 2016: 136-143 (Book Chapter)
- 3. **Gionfriddo MR**, Olson AW. Engaging Patients in Healthcare and Decision-Making: Understanding and Facilitating the Process. In: Rickles NM, Wertheimer AI, Schommer JC, editors. Social & Behavioral Aspects of Pharmacy Practice. Kendall Hunt Publishing Company; 2016: 207-224 (Book Chapter)
- 4. **Gionfriddo MR**, Kunneman M, Montori VM. Risk and Decision-making in Adherence. In: Howren MB, Christensen AJ, editors. Patient Adherence to Medical Treatment Regimens & Healthy Lifestyle Behaviors: Promoting Evidence-based Research and Practice. Springer Publishing (in press) (Book Chapter)
- 5. **Gionfriddo MR**. The Many Faces of Nonadherence. In: Stukus D, editor. Allergies and Adolescents: Transitioning Towards Independent Living. Springer Publishing (in press) (Book Chapter)

## Letters to the Editor

- 1. Brito JP, **Gionfriddo M**, Morris JC, Montori VM. Overdiagnosis of Thyroid Cancer and Graves' Disease. Thyroid [letter to the editor] 2014 24 (2): 402-3. PMID: 23931639
- 2. **Gionfriddo MR**, McCoy RG, Lipska KJ. AACE Response to Viewpoint of December 9, 2013—Reply. JAMA Intern Med 2014 174 (5): 827-828. PMID: 24799017
- 3. Elraiyah T, **Gionfriddo MR**, Murad MH. Response to letter to the editor by Wei et al. J Clin Epidemiol. 2015 Aug 25 [epub ahead of print]. PMID: 26318826
- 4. **Gionfriddo MR.** Subjectivity is a strength: A comment on "An algorithm was developed to assign GRADE levels of evidence to comparisons within systematic reviews". J Clin Epidemiol. 2016 Jan 5. [epub ahead of print]. PMID: 26769254

#### **Published Abstracts**

 Gionfriddo MR, VanWert AL. Novel Interactions of 
ß- Lactam Antibiotics with Renal Organic Anion Transporter 3 (Oat3) [abstract]. Am J Pharm Educ 2010 74 (5) Article 96.

- Trombetta DP, Gionfriddo MR. An Interprofessional Education Model Using Medical Residents and Pharmacy Students: The Effect on Diabetes Education [abstract]. Am J Pharm Educ 2012 76 (5) Article 99.
- 3. Hagan J, **Gionfriddo M**, Pongdee T, Volcheck G, Li J, Hagan C, Erwin P, Rank M. The Risk Of Asthma Exacerbation After Stopping Inhaled Corticosteroids And Substituting Leukotriene Receptor Antagonists: A Systematic Review [abstract]. Am J Respir Crit Care Med 2014 189: A1331

## **Non-Peer Reviewed Articles**

- Boehmer K, Leppin A, Brito-Campana JP, Gionfriddo M, Morey-Vargas O, Montori V. Capacity Matters: Considering the Patient's Ability to Implement Evidence-Based Treatment Strategies. Newsletter of the International Society for Evidence-Based Health Care. Newsletter 13: Oct. 2013
- 2. Dobler CC, Spencer-Bonilla G, **Gionfriddo MR**, Brito JP. Shared decision making in immigrant patients. Mayo Clinic Shared Decision Making National Resource Center. Our Blog; 24 Mar 2017
- Kunneman M, Gionfriddo MR, Montori VM. On Cars and Caring: How metaphors can be (un)helpful. Mayo Clinic Shared Decision Making National Resource Center. Our Blog; 14 Apr 2017

#### Contributions

American Association of Colleges of Pharmacy & National Community Pharmacists
 Association. Medication Adherence Educators Toolkit. 2013 Available from:
 <a href="http://www.aacp.org/resources/education/Documents/AACP%20NCPA%20Medication%2">http://www.aacp.org/resources/education/Documents/AACP%20NCPA%20Medication%2</a>
 OAdherence%20Educators%20Toolkit.pdf

#### **FUNDING**

# Active - Pharmaceutical Company

Grant: ACS Advocate Amount: ~\$1,000,000 Duration: 1.5 years Role: Co-investigator Percent Effort: 5%

Responsibilities: Participate in regular project meetings and conduct advisory group sessions on patients' experience with acute coronary syndrome (ACS and their educational needs in relation

to ACS.

Grant: MedTrue Amount: ~\$700,000 Duration: 1.5 years

Role: Co-Principal Investigator

Percent Effort: 20%

Responsibilities: Participate in regular project meetings, lead the evaluation of the tool including

preparing relevant study materials.

# **CONSULTING**

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Benefit Risk Communications Advisory Board

2017

**Role:** Attended an advisory board meeting sponsored by Pfizer to discuss Shared Decision Making in Rheumatoid Arthritis

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2017

IBD Shared Decision-Making RFP Panel **Role:** Participated in the development and scoring of a request for proposals sponsored by Pfizer in collaboration with The American

Gastroenterological Association Institute and the Crohn's & Colitis Foundation

#### RESEARCH INTERESTS

My career goal is to better understand and improve how healthcare is delivered and experienced. To accomplish this goal, I will draw upon multiple theoretical perspectives and utilize a variety of methodologic approaches. Currently, I examine ways to improve the delivery of care focusing on the optimization of medication use. I am especially interested in generating, evaluating, disseminating, and implementing evidence around and approaches to de-prescribing. My Ph.D. thesis focused on the relationship between adolescents with asthma and the medication they use to manage their asthma and how to facilitate a conversation around asthma medication use between clinicians and adolscents, specifically focusing on step-down. My previous work has focused on evidence based medicine and how it is implemented in practice, specifically through the use of shared decision making and minimally disruptive medicine. These areas complement each other as together they make up a paradigm of healthcare where the care a person receives is not only informed by the best available evidence, but also by their values and context where what is best for the patient and their family is prioritized. To that end, I have been involved in several systematic reviews summarizing the best available evidence, but I have also critiqued the way evidence is used. Specifically, I have critiqued how evidence is interpreted and translated for use into practice. In collaboration with experts from around the world I have evaluated evidence and critiqued guidelines from a variety of sources including the American Association of Clinical Endocrinologists and the World Health Organization. These efforts will hopefully encourage thoughtful discussion of the limitations of evidence and how that evidence can be used to inform practice.

# Methods and policy

- Corruption of the research evidence and clinical practice
- Evidence synthesis and guideline development

## Care delivery

- Healthcare delivery research for patients with chronic disease
  - Patient-centered care through shared decision-making and minimally disruptive medicine

# **Pharmacy**

Impact of pharmacists and pharmaceutical care

## Communication

- Clinician-Patient Relationship
- Written and verbal communication about pharmaceuticals

## **Qualitative Research**

- Methods, especially evidence synthesis as it regards to qualitative research
- Experiences of persons with chronic disease and their caregivers and clinicians
- Experiences/attitudes towards medication taking/decision making about medication use