

Stay apart to stay safe.

Geisinger

Social distancing is one of the smartest things you can do right now. Most coronavirus particles don't travel more than 6 feet. So stay that far apart and you can reduce the spread.

Stay safe:

- Follow the floor markings, signs and tape set up to keep people safely apart.
- If you can, take stairs instead of the elevator. In an elevator, keep it exclusive: No more than two people in at a time.
- Right now, sharing is not caring. Don't share (or borrow) things like phones, laptops, or pencils.
- Don't follow the crowd. Avoid groups of people in areas like the library, outside classrooms, and in food halls.

Safety



But stay engaged:

- Find the new handshake or hug: Wave. Put a hand over your heart. Perform a complicated eyebrow wiggle. If you're not touching, you're good.
- Use the phone, videoconference, email and text to communicate for study sessions or meetings.
- Meeting in person? Keep it short, wear masks and make sure everyone stays 6 feet apart.
- FaceTime or video call with friends to stay connected during breaks.