

# Why and where to wear a mask

## Geisinger

With the spread of COVID-19, you may have some questions about masks. Here's what you should know:

### Why wear a mask:

- **To protect others.** Any mask will act as a barrier to particles that come out of your nose and mouth. You can carry the COVID-19 virus without having any symptoms, so wearing a mask protects the people around you.
- **To protect yourself.** Masks help to filter the air you breathe in. If someone sneezes or coughs, you'll inhale less of it if you're wearing a mask.

### Where to wear a mask:

- **While in public areas:** Class, libraries, common areas, on campus/public transportation, or anywhere around campus.

Safety



Never lay your mask down on a counter, desktop or other surface that could transmit infection.

There's a lot more about masking from the CDC — just visit [cdc.gov](https://www.cdc.gov) and search *cloth mask*.