

Play your part. Stop the spread.

Geisinger

We're all critical to stopping the COVID-19 pandemic — even if you're not at high risk for getting seriously ill.

Here's how you can make a difference:

- Wash your hands. Often.
- Respect and protect others: Wear a mask in public in case you're infected and don't know it.
- If you know someone is sick, wait until they're better to visit.
- People can be sick and not show symptoms. Keep about 6 feet away from all others, even when masked.



You might not be worried about COVID-19. But lots of people around you are at high risk for getting ill or even dying. Do your part to keep them safe.