

Be a superhero. Wear a mask.

Geisinger

Why do you need to wear a mask?

- Germs come out of your nose and mouth when you breathe, sneeze, cough and talk. A mask acts like a germ shield.
- Even if you don't feel sick, you can still carry germs.
Wearing a mask protects people around you.

When should you wear a mask?

- Wear a mask in places like school, stores, libraries and buses.
You don't have to wear a mask at home.
- Never lay your mask on a desk, counter or table.
Carry a paper bag to put your mask in.

Like many superheroes, you protect people when you wear a mask.

