

Which mask is right for you?

Restrictions are being lifted, but masks are still required in public. Here's what you need to know:

Medical

Medical masks offer the most protection but should be reserved for medical professionals who have direct contact with COVID-positive patients.

Dust

Dust masks are designed to be worn during construction and, while they do protect you against COVID-19, they're difficult to find right now.

Cloth

Cloth masks offer all the protection you need in normal social situations. Find instructions for sewing your own mask or making one without sewing at [cdc.gov](https://www.cdc.gov).

Whichever method you choose, stay safe. And thank you for wearing your mask to protect yourself and others.

Geisinger