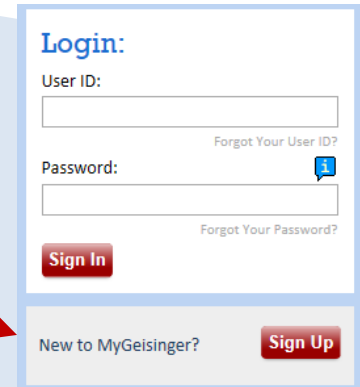


## Connecting Your Health Data with Geisinger July 2018

Do you see a Geisinger provider for your health care? If so, you can now connect to your health data using an app of your choice.

Don't have an account? Go to [www.mygeisinger.org](http://www.mygeisinger.org) to sign up for MyGeisinger, an online tool that helps you manage you and your loved one's health. To sign up, click on the "Sign Up" button under the Login section.




**What?** Seamlessly connect your Geisinger-based health information to your mobile health apps on your smart devices. Please note, not all mobile health apps allow for this capability.

**Why?** Helps you manage your health by using your up-to-date data to track in your mobile health apps such as weight loss apps, diabetes trackers, medication trackers and activity tracking apps.

**When?** Any time!

### How?

1. Download any third-party app that you would like to use to manage your health.
2. Select "Geisinger" as listed healthcare organization.
3. Login to the app with your MyGeisinger credentials.
4. Geisinger data is then available to use in the app in real-time!



**Important!** If at any time you wish to remove access between MyGeisinger and your selected app, log into MyGeisinger.org and click on the **More** menu option and select "**Linked Apps and Devices**" from the drop-down menu. Here you can manage your linked devices and mobile apps. To remove access, select the linked device and click on the "Unlink" button.

