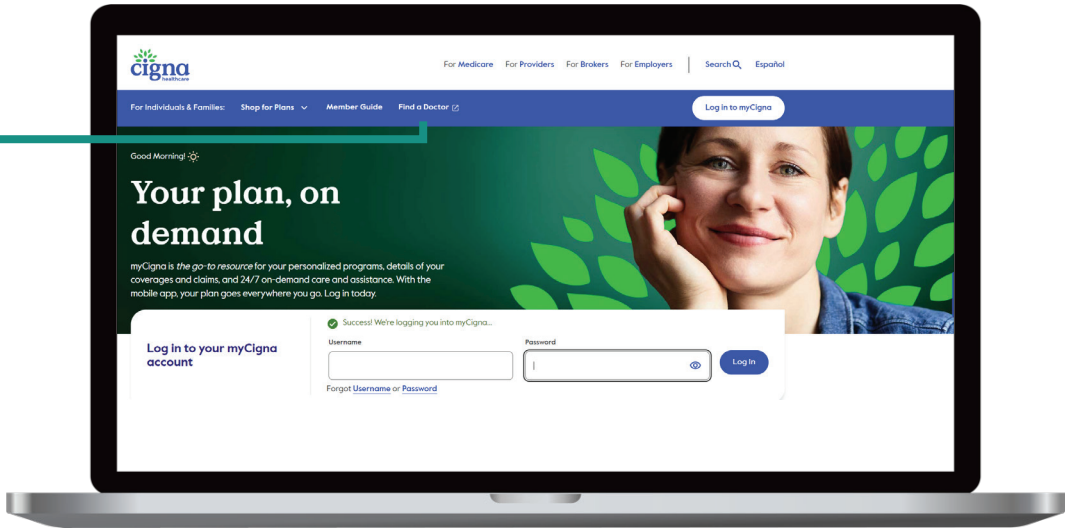
Find a behavioral care provider in just a few clicks

It's easy on Cigna.com

With more than 40 years in the industry and a large, national network of providers, Evernorth Behavioral Health offers you a range of choices. Finding a behavioral health provider on Cigna.com is simple.

1. Go to **Cigna.com** and click **"Find a Doctor"**



2. On the "**How are you Covered**" page, select "**Employer or School**"

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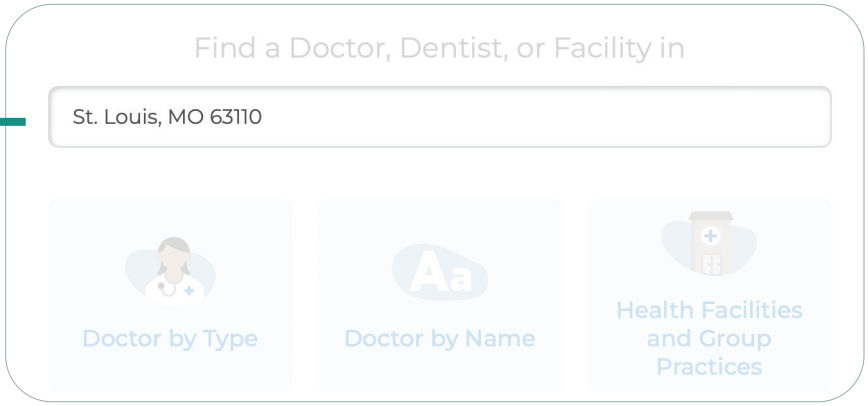
3. Enter the geographic location you want to search and select the search type



3a. Click on Doctor by Type to bring up a list of provider types, for example, Behavioral Health Counselor

When using the search process for the first time, you will see a pop-up window. To continue searching on **Cigna.com**, select "**Continue as Guest.**" (Selecting Login/Register will redirect you to **myCigna.com**)

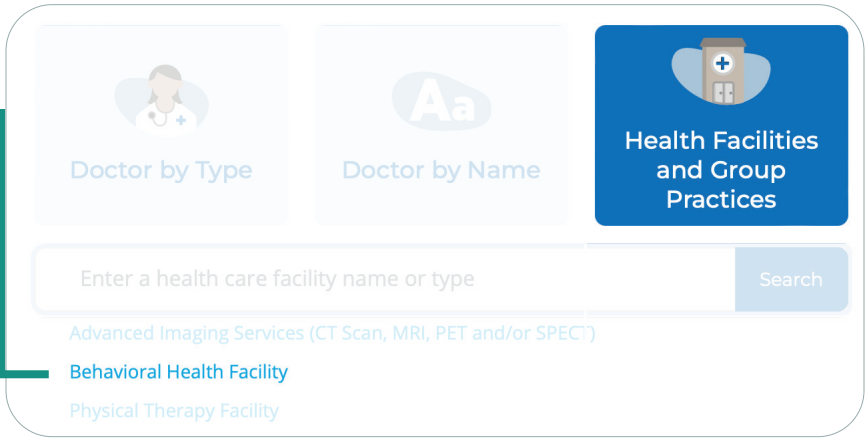
+ Selecting "Behavioral Health Counselor" brings up a page with a list of common issues that can be selected or skipped.
+ Selecting "Addiction" or "Skip" brings up the "What type of care are you looking for?" page where you select between "Licensed Therapists," "Psychiatrists & Nurse Practitioners," and "Behavioral Facilities & Programs."
+ Each will have a "View Results" button which includes the number of providers found in the City, State entered on the landing page. The City, State can be edited at any time by selecting it.
+ Selecting any of the "View Results" buttons will bring up the list of providers on the left and a map with their locations indicated by drop pins on the right.

3b. Click on **Doctor by Name** to bring up a box to type in the provider's name. If you enter a full or partial name, such as a last name, a list of possible providers comes up from which your provider can be selected.

3c. Click on **Locations** to bring up a search box and list of potential location types.

Select "Behavioral Health Facility/Counseling" from the list to bring up the "What type of care are you looking for?" page where you select between "Licensed Therapists," Psychiatrists & Nurse Practitioners," and "Behavioral Facilities & Programs" (same as under step 3a above). Continue to step 4 below for instructions for finding an in-network behavioral health facility.

4. To find an in-network Behavioral Health facility select Locations (step 3c.) and then select "Behavioral Health Facility."



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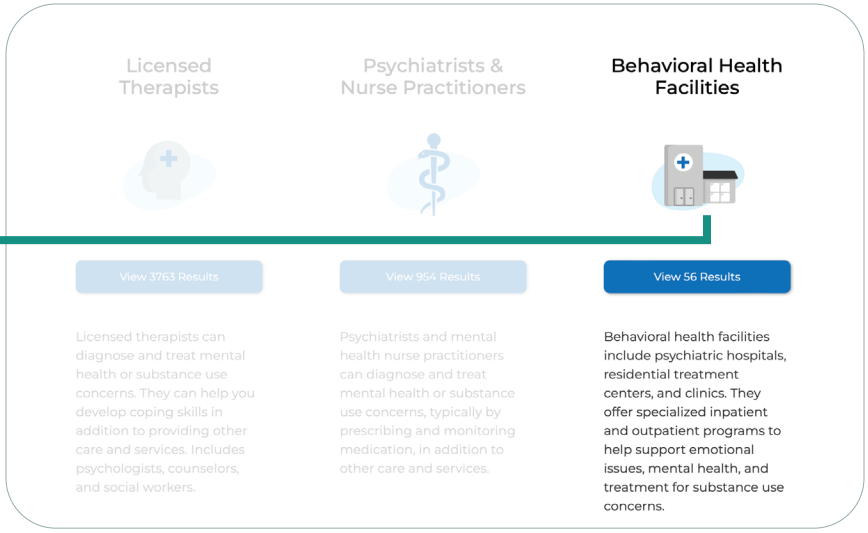
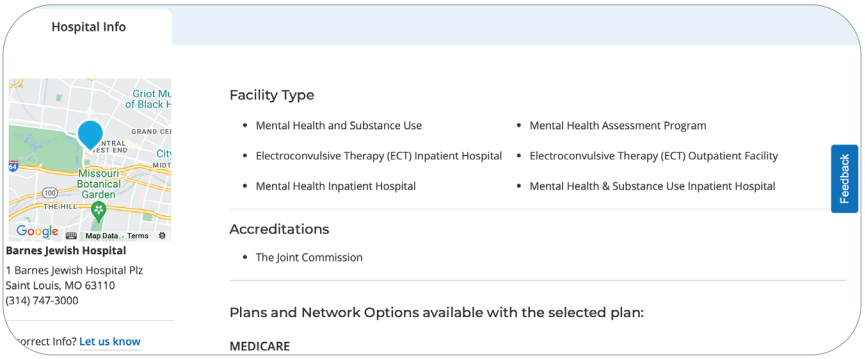
Next, select “Behavioral Health Facilities.”

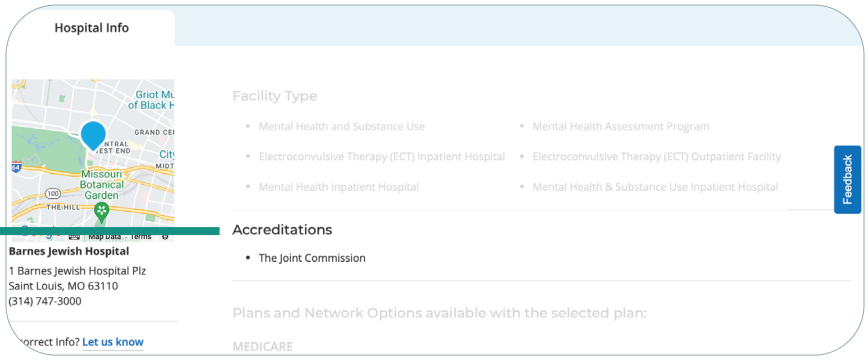


The search results page lists the providers on the left and a map with their locations indicated by drop pins on the right. These search results are specific to Behavioral Health in-network facilities.

The search results also include a flag for FastAccess Providers. **The Fast Access Network** guarantees members access to first-time routine appointments within 5 business days and access to prescriber appointments within 15 business days.

The network will continue to expand nationwide.





Questions? Call the toll-free number on the back of your ID card.

Quality designations, cost-efficiency, and other ratings reflect a partial assessment of quality and cost-efficiency and should not be the sole basis for decision-making. They are not a guarantee of the quality of care that will be provided to individual patients. You are encouraged to consider all relevant factors and consult with your physician when selecting a health care professional or facility. Health care professionals and facilities that participate in the Cigna Healthcare and Evernorth Behavioral Health networks are independent contractors solely responsible for the care and services provided to their patients. They are not agents of Cigna Healthcare or Evernorth Health Services.

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