



Telehealth: Care & convenience

Online doctor visits (also called telehealth, telemedicine or virtual visits) are healthcare made convenient. And with GHP, you have options for care from the comfort of home:

- **Primary care providers** can treat many routine issues like colds, allergies and minor infections through telehealth.
- **Specialists** also offer telehealth visits for issues including heart, skin, brain and joint care, as well as mental/behavioral health.
- **Virtual urgent care:** Members can access same-day appointments, including evenings and weekends, for non-emergency issues such as insect bites, UTIs and coughs. Visit [geisinger.org/virtual-health](https://www.geisinger.org/virtual-health).
- **Geisinger patients:** Members who see Geisinger providers can call [800-275-6401](tel:800-275-6401) or log into MyChart/MyGeisinger to check if their next visit can be virtual.

Geisinger HEALTH PLAN

Support when it's needed most

Our 24/7 **Tel-A-Nurse hotline** connects members with registered nurses who can help guide them to the right level of care, whether that's a PCP visit, urgent care or the ER. It's a trusted first step for medical questions and advice.

The Tel-A-Nurse hotline is designed to guide you to the proper care channels, whether that means scheduling an appointment with your PCP, stopping in at an urgent care location or heading to the ER.

Think of Tel-A-Nurse as a first line of defense for medical questions and advice. Talk with a registered nurse 24/7 at [877-543-5061](tel:877-543-5061). Getting answers is as simple as picking up the phone and calling.

This service is not for medical emergencies or urgent needs and should not replace a member's PCP. There is no copay or cost for using Tel-A-Nurse.

Geisinger Health Plan may refer collectively to health care coverage sponsors Geisinger Health Plan, Geisinger Quality Options, Inc., and Geisinger Indemnity Insurance Company, unless otherwise noted. Geisinger Health Plan is part of Geisinger, an integrated health care delivery and coverage organization.