

Federal Employees Health Benefits Program

Geisinger Health Plan sex trait modification exception process

Beginning in 2026, sex trait modification for those with diagnosed gender dysphoria will no longer be covered by Federal Employee Health Benefits plans.

However, if a member is mid-treatment in a surgical or chemical regimen for sex trait modification for diagnosed gender dysphoria for services formerly covered under the 2025 plan brochure, they may seek an exception to continue their care. Our exception process is as follows:

Medical management will review coverage exceptions on a case-by-case basis and make determinations after reviewing coverage documents and medical necessity criteria. Geisinger Health Plan will consider a member with the diagnosis of gender dysphoria to be mid-treatment once they have initiated sex trait modification chemical treatment therapy.

Members can submit requests to the Medical Management Department. To apply for an exception to the CL 2025-01-b exclusion of sex-trait medical interventions/transgender services, members can call our Medical Management Department at 800-544-3907. This exception does not apply to members under the age of 19 years old.

More information is available on our website at thehealthplan.com/federal. If a member disagrees with this information, they can call our Claims Dispute Department at 800-447-4000 or email us at commercialappeals@geisinger.edu. If a member disagrees with our decision on their exception, they should see Section 8 of their brochure for the disputed claims process.

Geisinger Health Plan may refer collectively to health care coverage sponsors Geisinger Health Plan, Geisinger Quality Options, Inc., and Geisinger Indemnity Insurance Company, unless otherwise noted. Geisinger Health Plan is part of Geisinger, an integrated health care delivery and coverage organization.