

CareSite mail order offers unique solutions for GHP members

Applies to: All providers Plan(s): All plans with CareSite access

If your Geisinger Health Plan members have new or existing prescriptions for 90-day supplies of maintenance medications, there’s a good chance they can take advantage of the benefits of mail order!

Savings

- Geisinger Gold Medicare Advantage members can save 50% on the retail cost of their maintenance medications
- Nearly all other GHP members will see savings on their prescriptions (compared to 30-day retail costs)

Convenience

- Medications are shipped to the member’s home, eliminating trips to the pharmacy and increasing medication adherence

Security

- High volume automation is 99+% accurate and can fill 2,000 prescriptions in 8 hours
- Medications are shipped in temperature tested packaging
- Members can track their medication shipments
- All prescriptions are processed and shipped from a secure facility in Elysburg.

To get started, members can:

- Call CareSite at 844-878-5562 (TTY: 711), 6:30 a.m. – 5 p.m., Monday – Friday. Representatives will review their prescriptions and set up their account.
- Visit Geisinger.org/pharmacy for more information and to enroll.

Contents

CareSite mail order	1
GHP Family 90-day prescriptions	2
Millennium Labs leaving the network	2
Secure messaging on NaviNet	2
Coding corner – COPD	3
HOS – Reducing fall risk	4
Medical policy update	5
Medical pharmaceutical policy update	6

Geisinger Health Plan (GHP) may refer collectively to Geisinger Health Plan, Geisinger Quality Options, Inc., and Geisinger Indemnity Insurance Company, unless otherwise noted.

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Benefit does not include all medications. Benefits and costs will vary depending on specific coverage or enrollment in a cost assistance program. CareSite mail-order program is not available to members whose plans do not include GHP prescription coverage and/or access to CareSite mail order.

GHP Family 90-day prescriptions for maintenance medications

Applies to: All prescribing providers **Plan(s):** GHP Family

As of April 1, 2019, your GHP Family patients should be prescribed 90-day supplies for their maintenance medications. Patients will have the choice of filling these prescriptions at any participating GHP Family network pharmacy.

The 90-day supply policy for maintenance medications will offer cost savings and convenience to your GHP Family patients and has been approved by the Pennsylvania Department of Human Services (DHS). Controlled substances and specialty medications are excluded from this policy.

For more information regarding the new GHP Family pharmacy policy, see the February edition of the monthly provider update available on NaviNet. See what your GHP family patients are hearing about the program now in the [Spring 2019 member newsletter](#) available under *Members/Newsletters* at GHPFamily.com.

Check the [online formulary](#) to see what drugs are covered by GHP Family. GHP pharmacy customer service can be reached at 855-552-6028.

Millennium Labs leaving the GHP network

Applies to: All providers **Plan(s):** All plans

Effective June 26, 2019, Millennium Labs will no longer be part of the Geisinger Heath Plan network. Lab requests should be submitted to a network provider to ensure services are covered at highest level for your GHP patients. Consult our [provider search](#) at GeisingerHealthPlan.com or contact the customer service team at 800-447-4000 for information on alternate providers.

For quick claims inquiries, use secure messaging on NaviNet

Applies to: All providers **Plan(s):** All plans

Look for the Secure Messaging tab under *Workflows for this Plan* on NaviNet. Include the claim number(s) in the subject line and add your comments. Your message will go directly to the GHP claims and reimbursement team for review.

Remember to include your name, title and phone, or other contact information, in the body of your message so that a GHP representative can respond to you directly.





COPD, Emphysema, and Chronic Bronchitis

COPD	Emphysema	Chronic Bronchitis	ICD-10 Code
Yes	No	No	J44.9, Chronic obstructive pulmonary disease, unspecified
Yes*	Yes	No	J43.9, Emphysema, unspecified
Yes	Yes**	Yes	J44.9, Chronic obstructive pulmonary disease, unspecified
Yes	No	Yes***	J44.9, Chronic obstructive pulmonary disease, unspecified
No	No	Yes	Use code from J41-J42 to specify the type of chronic bronchitis
* has an excludes 1 note (emphysema without chronic bronchitis) ** has an excludes 1 note (emphysema with chronic (obstructive) bronchitis) *** has an excludes 1 note (chronic bronchitis with airway obstruction)			

- When COPD is the only diagnosis documented and supported in the record:
 - Assign code J44.9, Chronic obstructive pulmonary disease, unspecified.
- When COPD and emphysema are both documented and supported in the record:
 - Assign code J43.9, Emphysema, unspecified. Emphysema is a specific type of COPD. Effective October 1, 2017, the indexing for these conditions has been changed to:
Disease – lung J98.4 – obstructive (chronic) J44.9 – with – emphysema J43.9
- When COPD, emphysema, and chronic bronchitis are all documented and supported in the record:
 - Assign code J44.9, Chronic obstructive pulmonary disease, unspecified. Code J43.9, Emphysema, unspecified, has an excludes1 note excluding "emphysema with chronic (obstructive) bronchitis". Category J44, Other chronic obstructive pulmonary disease, includes chronic bronchitis with emphysema.
- When chronic bronchitis is the only diagnosis documented and supported in the record:
 - Assign code from category J41-J42 to specify the type of chronic bronchitis.
- When chronic bronchitis and COPD are both documented and supported in the record:
 - Assign code J44.9, Chronic obstructive pulmonary disease, unspecified. There is an excludes 1 note stating to use this when the bronchitis is obstructive.
- When COPD and Asthma, Unspecified are both documented and supported in the record:
 - Assign only the J44.9, Chronic obstructive pulmonary disease, unspecified. There is an Includes that states J44.9 includes Asthma with Chronic Obstructive Pulmonary Disease.

Chronic obstructive pulmonary disease (COPD) is an umbrella term that includes emphysema, chronic bronchitis, certain types of bronchiectasis, and sometimes asthma. Reference: ICD-10-CM/PCS Coding Clinic, Fourth Quarter ICD-10 2017

Page: 97 Effective with discharges: October 1, 2017

Medicare health outcomes survey — Reducing fall risk

The Medicare Health Outcomes Survey (HOS) is used to gather clinically meaningful data from Medicare Advantage (MA) beneficiaries. The survey is used to gauge MA plan performance, inform MA beneficiaries' healthcare choices and advance research into population health. All managed care organizations with Medicare contracts, including Geisinger Gold, must participate.

Falls can be a life-changing event for the elderly. Injuries sustained from falls can drastically affect physical and mental functioning and may even lead to extended hospitalization and more permanent disability. Fall risk rises with age. More than one in three people age 65 years or older fall each year.

The percentage of patients who have discussed falls — and walking or balance problems — with their healthcare provider and received treatment within the year is measured by HOS. You can help reduce fall risk in your aging and elderly patients by doing the following:

- Routinely assess your patient's fall risk. Ask questions and document discussions about falls and other gait and balance problems.
- Provide fall prevention interventions. Promote regular eye exams, exercise, strengthening and balance activities and regularly review medications that may increase fall risk.
- Promote home safety. Recommend removal of throw rugs and clutter to reduce tripping. Recommend the installation of handrails on stairways and grab bars in bathrooms, the use of non-slip mats in tubs and showers and the use of nightlights to keep walkways and bathrooms well lit. It's also a good idea for at-risk patients to keep frequently used items within easy reach.



For comprehensive information about the Medicare Health Outcomes Survey program, visit the CMS HOS website at <http://hosonline.org>.

The monthly Provider Update is published by Geisinger Health Plan and serves as an informational resource for the provider network. This update and more resources are available on NaviNet.

Formulary and policy updates

Visit Geisinger Health Plan on NaviNet.net today to view new, revised and recently reviewed medical and pharmaceutical policies, as well as the latest clinical guidelines, formulary changes and drug recalls. Updates may affect prior authorization. The most current prior authorization list is also available on NaviNet.net. Clinical guidelines, formulary and medical policy information are also available in the “For Providers” section at GeisingerHealthPlan.com. Printed copies are available upon request.

Medical policy update

GHP uses medical policies as guidelines for coverage decisions made within the insured individuals written benefit documents. Coverage may vary by line of business. Providers and members are encouraged to verify benefit questions regarding eligibility before applying the terms of the policy. [Click here for updates](#). **The new and revised medical policies listed below go into effect May 15, 2019:**

- MP001 Neuromuscular Electrical Stim – REVISED – Added exclusion
- MP078 Sexual Dysfunction Therapies – REVISED – Added exclusions
- MP324 Genetic Testing for Non-Cancer Heritable Disease Carrier Status – NEW POLICY
- MP326 Biomarker Testing for Rheumatoid Arthritis – NEW POLICY

The following policies have been reviewed with no change to the policy section. Additional references or background information was added to support the current policy.

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| • MP025 Transcatheter Closure Devices | • MP158 Continuous Passive Motion |
| • MP034 Foot Orthotics | • MP172 MicroVas Vascular Treatment System |
| • MP066 ESWT | • MP176 Meniett Device |
| • MP068 Reduction Mammoplasty | • MP179 Photodynamic Therapy for Esophageal and Lung Cancer |
| • MP075 Tissue Engineered Skin Substitutes | • MP189 Computer Aided Detection Technology |
| • MP090 Inj. Bulking Agents/Incontinence | • MP196 Convection-Enhanced Drug Delivery |
| • MP094 Unilateral Pallidotomy | • MP209 Medical Error Never Events |
| • MP106 Ultrasound/ Pregnancy | • MP319 Percutaneous Left Atrial Appendage Occlusion |
| • MP112 Wireless Capsule Endoscopy | • MP320 Absorbable Hydrogel Spacer |
| • MP113 Electrical Stim Wound Healing | |

GHP continues to solicit physician and non-physician provider input concerning medical policies. Your feedback is encouraged and appreciated. Comments should be sent to Phillip Krebs at pkrebs@GeisingerHealthPlan.com.

Formulary and policy updates

Medical pharmaceutical policy updates

The new and revised medical pharmaceutical policies listed below go into effect May 15, 2019:

- MBP 95.0 Erwinaze (asparaginase) – REVISED
- MBP 102.0 Synribo (omacetaxine mepesuccinate) – REVISED

The following policies have been reviewed with no change to the policy section.

- MBP 13.0 Viscosupplementation
- MBP 54.0 Soliris (eculizumab)
- MBP 67.0 Supprelin LA (histrelin acetate implant)
- MBP 86.0 Kalbitor (ecallantide)
- MBP 92.0 Off-label Drug Use for Oncologic Indications
- MBP 99.0 Sandostatin LAR (Octreotide acetate)
- MBP 100.0 Elelyso (taliglucerase alfa)
- MBP 101.0 Zaltrap (ziv-aflibercept)
- MBP 102.0 Synribo (omacetaxine mepesuccinate)
- MBP 116.0 Aveed (testosterone undecanoate)
- MBP 124.0 Ruconest (C1 esterase inhibitor, recombinant)
- MBP 129.0 Iluvien (fluocinolone acetonide) PARP
- MBP 165.0 Rituxan Hycela (rituximab-hyaluronidase)
- MBP 171.0 Varubi IV (rolapitant)

For questions regarding drug benefits call
800-988-4861, 8:00 a.m. to 5:00 p.m.,
Monday through Friday.