

# POLICIES AND PROCEDURE MANUAL

Policy: MBP 64.0

**Section: Medical Benefit Pharmaceutical Policy** 

Subject: Arranon (nelarabine)

Applicable line of business:

Commercial	Х	Medicaid	X
Medicare	X	ACA	X
CHIP	X		

## I. Policy:

Arranon (nelarabine)

# II. Purpose/Objective:

To provide a policy of coverage regarding Arranon (nelarabine)

# III. Responsibility:

- A. Medical Directors
- B. Medical Management
- C. Pharmacy Department

## IV. Required Definitions

- Attachment a supporting document that is developed and maintained by the policy writer or department requiring/authoring the policy.
- 2. Exhibit a supporting document developed and maintained in a department other than the department requiring/authoring the policy.
- 3. Devised the date the policy was implemented.
- 4. Revised the date of every revision to the policy, including typographical and grammatical changes.
- 5. Reviewed the date documenting the annual review if the policy has no revisions necessary.

# V. Additional Definitions

Medical Necessity or Medically Necessary means Covered Services rendered by a Health Care Provider that the Plan determines are:

- a. appropriate for the symptoms and diagnosis or treatment of the Member's condition, illness, disease or injury;
- b. provided for the diagnosis and the direct care and treatment of the Member's condition, illness disease or injury;
- c. in accordance with current standards good medical treatment practiced by the general medical community;
- d. not primarily for the convenience of the Member, or the Member's Health Care Provider; and
- e. the most appropriate source or level of service that can safely be provided to the Member. When applied to hospitalization, this further means that the Member requires acute care as an inpatient due to the nature of the services rendered or the Member's condition, and the Member cannot receive safe or adequate care as an outpatient

#### Commercial

Geisinger Health Plan may refer collectively to health care coverage sponsors Geisinger Health Plan, Geisinger Quality Options, Inc., and Geisinger Indemnity Insurance Company, unless otherwise noted. Geisinger Health Plan is part of Geisinger, an integrated health care delivery and coverage organization.

#### Medicare

Geisinger Gold Medicare Advantage HMO, PPO, and HMO D-SNP plans are offered by Geisinger Health Plan/Geisinger Indemnity Insurance Company, health plans with a Medicare contract. Continued enrollment in Geisinger Gold depends on contract renewal. Geisinger Health Plan/Geisinger Indemnity Insurance Company are part of Geisinger, an integrated health care delivery and coverage organization.

#### CHID

Geisinger Health Plan Kids (GHP Kids) is a Children's Health Insurance Program (CHIP) offered by Geisinger Health Plan in conjunction with the Pennsylvania Department of Human Services (DHS). Geisinger Health Plan is part of Geisinger, an integrated health care delivery and coverage organization.

#### Medicaid

Geisinger Health Plan Family (GHP Family) is a Medical Assistance (Medicaid) insurance program offered by Geisinger Health Plan in conjunction with the Pennsylvania Department of Human Services (DHS). Geisinger Health Plan is part of Geisinger, an integrated health care delivery and coverage organization.

# **Medicaid Business Segment**

<u>Medically Necessary</u> — A service, item, procedure, or level of care compensable under the Medical Assistance program that is necessary for the proper treatment or management of an illness, injury, or disability is one that:

- i. Will, or is reasonably expected to, prevent the onset of an illness, condition, injury or disability.
- ii. Will, or is reasonably expected to, reduce or ameliorate the physical, mental or developmental effects of an illness, condition, injury or disability.
- iii. Will assist the Member to achieve or maintain maximum functional capacity in performing daily activities, taking into account both the functional capacity of the Member and those functional capacities that are appropriate for Members of the same age

# **DESCRIPTION:**

Arranon (nelarabine) is a pro-drug of the cytotoxic deoxyguanosine analogue, 9-β-D-arabinofuranosylguanine (ara-G). Nelarabine is demethylated by adenosine deaminase (ADA) to ara-G, mono-phosphorylated by deoxyguanosine kinase and deoxycytidine kinase, and subsequently converted to the active 5'-triphosphate, ara-GTP. Accumulation of ara-GTP in leukemic blasts allows for incorporation into deoxyribonucleic acid (DNA), leading to inhibition of DNA synthesis and cell death.

## CRITERIA FOR USE: Requires Prior Authorization by Medical Director or Designee

Arranon (nelarabine) will be considered medically necessary for the commercial, exchange, CHIP, and Medicaid lines of business when all of the following criteria are met:

- Physician provided documentation of a diagnosis of T-cell acute lymphoblastic leukemia (T-ALL) or T-cell lymphoblastic lymphoma (T-LBL) AND
- Physician provided documentation of failure to respond to, or relapse following treatment with a minimum of 2 chemotherapy regimens

#### **AND**

- If a brand drug is being requested when a therapeutically equivalent generic drug exists:
  - Medical record documentation of a therapeutic failure on, or intolerance to the generic formulary agent(s)
     OR
  - Medical record documentation of a therapeutic failure on, intolerance to, or contraindication to the inactive ingredients of the generic formulary agent(s)

**AUTHORIZATION DURATION:** Initial approval will be for 12 months or less if the reviewing provider feels it is medically appropriate. Subsequent approvals will be for an additional 12 months or less if the reviewing provider feels it is medically appropriate and will require medical record documentation of continued disease improvement or lack of disease progression. The medication will no longer be covered if patient experiences toxicity or worsening of disease.

<u>Note</u>: For Medicaid (GHP Family), any requests for services that do not meet criteria set in the PARP will be evaluated on a case-by-case basis.

Arranon (nelarabine) will be considered medically necessary for the Medicare line of business when all of the following criteria are met:

- Physician provided documentation of a diagnosis of T-cell acute lymphoblastic leukemia (T-ALL) or T-cell lymphoblastic lymphoma (T-LBL) AND
- Physician provided documentation of failure to respond to, or relapse following treatment with a minimum of 2 chemotherapy regimens

**AUTHORIZATION DURATION:** Initial approval will be for 12 months or less if the reviewing provider feels it is medically appropriate. Subsequent approvals will be for an additional 12 months or less if the reviewing provider feels it is medically appropriate and will require medical record documentation of continued disease improvement or lack of disease progression. The medication will no longer be covered if patient experiences toxicity or worsening of disease.

#### **LINE OF BUSINESS:**

Eligibility and contract specific benefit limitations and/or exclusions will apply. Coverage statements found in the line of business specific benefit document will supersede this policy.

# **REFERENCES:**

1. Arranon (prescribing information). East Hanover, NJ: Novartis Pharmaceuticals; March 2025.

This policy will be revised as necessary and reviewed no less than annually.

**Devised: 10/8/08** 

**Revised:** 2/2012 (criteria) 3/24/15 (formatting, auth duration), 9/16/22 (Medicaid PARP statement), 9/12/23 (LOB carve out, Medicaid business segment, added generic drug language), 12/31/23 (references added), 8/29/24 (LOB table, taglines)

Reviewed: 2/2010; 1/2014, 3/2016, 3/30/17, 3/29/18, 1/30/19, 11/1/19, 9/30/20, 9/16/21, 7/22/25

MA UM Committee approval: 12/31/23, 12/31/24, 9/10/25

DHS PARP approval: 8/12/25