

TCMC[®]

THE COMMONWEALTH
MEDICAL COLLEGE



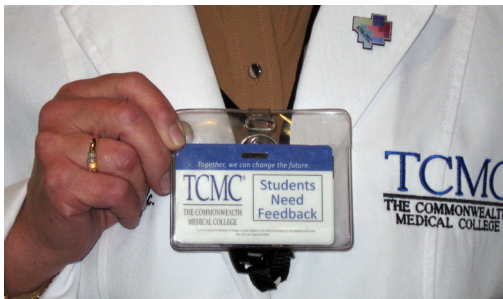
Photo courtesy of Guy Cali Associates, Inc.

eCHECK-UP

An electronic newsletter for clinical faculty of The Commonwealth Medical College

Winter 2014

ACE Launches One-Minute Preceptor



ACE, the Academy of Clinical Educators at TCMC, is pleased to announce **The One-Minute Preceptor**, a new tool for preceptors working with students in clinical settings. In February, all volunteer clinical faculty will receive a laminated card printed with clinical teaching *Microskills*. The card can be worn with ID badges and used as a quick reference for providing feedback to students in a fast-paced clinical setting.

The One-Minute Preceptor was introduced by Kay Gordan, MA, Barbara Meyer, MD, MPH and David Irby, PhD in 1992 as a method for students to assess a patient and then seek help from the preceptor. The microskills of the **One-Minute Preceptor** initiate a student-teacher conversation, reinforce positive actions and correct any mistakes. It is designed to capitalize on teaching moments in a fast-paced clinical setting and is often referred to as *bedside teaching*.

The *Microskills*, printed on the back of the card, are:

Set Expectations: What do you hope to learn this month?

Get a Commitment: What do you think the diagnosis is?

Probe for Supporting Evidence: What findings led you to your diagnosis?

Correct Mistakes: Instead of (action a)...you should (action b) because

Reinforce what was Right: Your action led to a good outcome.

Teach a General Rule: When you see (finding), consider (diagnosis).

Make Time for Reflection: What did you do well today?

This strategy was formally introduced to TCMC faculty at the recent quarterly faculty development sessions. These guidelines are meant to be pliable and shuffled as teaching situations change and can be perfected with practice and reflection on one's teaching skills.

To learn more go to: *The One-Minute Preceptor: Shaping the Teaching Conversation. Family Medicine. 2003;35(6):391-3.*

TCMC Datebook

Regional Faculty Development Meetings

North Campus, May 1
6:00 PM @ TCMC

South Campus, April 22
6:00 PM @ The Woodlands

West Campus, April 23
6:00 PM @ DiSalvo's Restaurant

TCMC Open House
for prospective medical students
February 8, 9:30 AM to 2:30 PM

TCMC Keystone Symposium
Bad Bugs, No Drugs:
*Critical Emerging Issues in Infectious
Diseases*

Saturday, April 5, 2014
8:00 AM - Noon
TCMC MSB Auditorium

CME and other CE credits available
For more info, email cme@tcmedc.org

Commencement 2014
Saturday, May 10, 2014 @ 11 AM
F.M. Kirby Center, Wilkes-Barre

6th Annual Golf Classic
Monday, June 9, 2014
Glenmaura National Golf Club

Gala 2014
Saturday, October 18, 2014
Mohegan Sun at Pocono Downs

The Commonwealth Medical College

Department of Faculty Affairs & Faculty Development



Pictured Left to Right: Mary Roman, JoAnn Babish,
Mary Theresa Mazur and Andrea DiMattia

Associate Dean

Andrea DiMattia, MEd
570.504.9634

ADiMattia@tcmedc.org

Regional Affairs Manager

Mary Theresa Mazur, MA
570.504.9678

MMazur@tcmedc.org

Faculty Affairs/Faculty Development Manager

Mary Roman, MS
570.504.7306

MRoman@tcmedc.org

CME & Program Development Manager

JoAnn Babish, MSLS
570.207.3686

JBabish@tcmedc.org

Regional Campus Manager, North

Nora Alu
570.207.3681

NAlu@tcmedc.org

Regional Campus Manager, South

Jackie Castanzo
570.825.7245

JCastanzo@tcmedc.org

Regional Campus Manager, West

Tammy Button
570.327.6080

TButton@tcmedc.org

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Submit items of interest to editor,
Mary Theresa Mazur, at MMazur@tcmedc.org*

TCMC is committed to non-discrimination in all
employment and educational opportunities.

eCHECK-IN

Updates from the Regional Deans

From the North

Greetings and Salutations from your north campus regional education support team. We are half way through another gratifying and, at the same time, challenging, academic year. There has been excellent news on many fronts including student and program directors regarding our charter class. Admissions and residency opportunities remain strong. The extremely important preceptor evaluations have been excellent. While we said good-bye to Devon Fawcett, we welcome William Iobst, M.D. as our new academic dean. He already has made substantial contributions. We are preparing for our upcoming LCME and Middle States Evaluations. On January 30, 2014, we had a very solid program for our regional faculty development team. Soon we will be soliciting volunteer help for the 2014-2015 year. As always a sincere thank you to all.

-Dr. Gerald Tracy, Associate Dean for North Regional Campus Development

From the South

We are very proud of the way in which our south campus students support the communities where they work and reside. Third year student Scott Clarke was recently named student representative to the Luzerne County Medical Society Board. We are proud to have a Luzerne County native represent TCMC and be an important member of the team. He will provide the medical student's perspective on medical issues of concern both local and statewide. Membership fees are waived for medical students, so we encourage our students to take advantage of this great opportunity!

The students were treated to a pizza luncheon as a result of the south campus winning the food drive contest held in November to benefit the Feed Northeast PA Food Drive. Items were collected and distributed to the food banks in all three regions. In addition, fourth year student Kevin Musto coordinated the South Regional Campus Toy and Clothing Drive to benefit the Pittston Care and Concern Clinic and the St. Vincent de Paul Soup Kitchen in Wilkes-Barre.

Several of our M3 south campus students had the opportunity to attend the ACOG rally in Harrisburg. They reported this as a wonderful learning experience that exposed them to important women's healthcare issues as it related to the dynamics of healthcare legislation. On a similar note, those students interested in the field of OBGYN had the opportunity to attend a surgical lab session sponsored by ACOG in Philadelphia. During these sessions students had hands on experience with simulators utilizing the state of the art surgical instruments. The students returned from winter break well rested and looking forward to an exciting second half of the year!

-Dr. Michael Ferraro, Associate Dean for South Regional Campus Development

From the West

Here in the West we have had more 4th year students doing rotations at our hospitals than last year. It has been a joy to see these bright young people develop their skills and professionalism as they grow into physicians. We meet with them once per week, and they present cases and we catch up on residency interviews and we talk about the finer points of being a physician.

We have had our first student from the charter class visit Williamsport! Ezra Bobo, known to some of you, was in town during a hiatus in his surgical PGY-1 year. His perceptions were reassuring in that he felt as prepared for his internship as any of his colleagues. Here's hoping our TCMC graduates can be recognized by the fruits of their labors, bringing to the care of the patient all those virtues that we at TCMC are consciously trying to instill! Our third go-round with the LIC is going well with few glitches. We are tweaking the scheduling of our ED experiences for the spring, and we are trying to help improve the physical exam skills of our students at all levels. Otherwise, we keep chugging along week by week, with our students inching towards competency as we speak!

-Dr. Keith Shenberger, Associate Dean for West Regional Campus Development

Faculty Development

Teaching with Effective Feedback

Helping students understand the strengths and weaknesses of their clinical performance and guiding them toward confidence and improvement is a critical component of successful medical education. Yet providing constructive feedback can be a challenge for educators. While comments such as, "Great job," might reassure the student in the short term, it doesn't provide insight into improvement or guide future learning. Too much criticism, however, can damage student-teacher relationships and the self-esteem of student learners.

Cantillon and Sargeant, in the British Medical Journal, offer these tips for clinical faculty guiding medical students in a clinical setting:

- Feedback should be viewed as a normal everyday component of the teacher-student relationship so that both sides can expect it and communicate effectively. The author suggests that teachers indicate from the start what they expect and welcome feedback from students.
- Ensure that learners are clear about the criteria and assessment of their performance. Learners need to have a clear understanding of the teacher's expectations of a good performance.
- Give feedback on specific behaviors rather than on general performance. For example: "You waited for the patient to explain her fears before reassuring her. Well done" helps the student reinforce strengths and adjust for weaknesses in their patient interactions.
- Feedback should be offered at the time of the event or shortly after and based on actual observations phrased in non-judgmental language.
- Offer feedback on one or two observations only. Too many criticisms can overwhelm a learner.
- Teacher led feedback should be balanced by comments from the learner as they evaluate their own performance and strive for improvement.
- Feedback should lead to changes in the learner's thinking, behavior and performance. The student-teacher conversation should include a discussion about how the learner plans to narrow the gap between actual and desired performance.

The goal of effective feedback should be to share information about performance to support and enhance learning without conferring judgment or harsh criticism. Without feedback good performance is not reinforced and poor performance may be repeated at the expense of patients and colleagues. With no comments, students often assume that all is well and may be guessing at their level of competence or learning by trial and error.

Approaching feedback in a positive, mentoring environment is a critical skill for clinical teacher acquired through practice and reflection on their own performance.

<http://www.bmj.com.ezproxy.tcmcd.net/content/337/bmj.a1961?view=long&pmid=19001006>

Cantillon, P, Sargeant, J. *Giving Feedback in Clinical Settings. British Medical Journal.* 2008;337:a1961 doi:10.1136/bmj.a1961

The Commonwealth Medical College

Keystone Symposium 2014

Bad Bugs, No Drugs:
Critical Emerging Issues in Infectious Diseases

Saturday April 5, 2014,
8:00 am - Noon

Keynote:

John Stern, MD

Tuberculosis - Now and Then
Chief, Division of Infectious Diseases,
Pennsylvania Hospital

Shubhra Shetty, MD, FACP
**Drug Resistant Organisms
and Antibiotic Stewardship**
Professor of Medicine, TCMC

Case Presentations and Discussions

Grand Rounds for 2014

February 13

12:15 pm - 1:15 pm

Suicide Prevention Update

Richard Silbert, M.D.

March 13

12:15-1:15 pm

Ovarian Cancer: High Risk Assessment
Cherif Abdelmalek, MD

Upcoming CME events

March 13

6:00 pm - 7:15 pm

Brain Injuries and Sports Concussion
Michael Raymond, PhD, ABN

March 27

12:15 pm - 1:15 pm

Pulmonary Rehabilitation
Gregory Cali, DO

April 12

8:00 am - 3:00 pm

4th Annual Diabetes Symposium
teleconferenced from Hershey Medical Center

For more information, contact
JoAnn Babish, Manager, CME & Program
Development at TCMC, 570.207.3686 or
JBabish@tcmcd.org.

The Commonwealth Medical College

Step 1 Exam Results

The results of the 2015 US Medical Licensing Examination have been announced and TCMC students have once again performed at a remarkably high level. 98% of TCMC students passed the test with a national mean of 225 compared to 96% of students nationally with a national mean of 228. The USMLE determines whether medical students can apply important concepts of the basic sciences to the practice of medicine.

TCMC represented in PA Medical Society

Darshan Shah (MD2) was elected to the board of the Pennsylvania Medical Society to serve as the 2014-2015 Medical Student Section Trustee. As a voting member of the PA Medical Society Board, he will represent the student voice on the board for all medical students of Pennsylvania. Parth Dalal (MD3) is currently serving as the 2013-2014 Trustee.

David Johnson (MD) was elected as student representative to PA Medical Society's Political Action Committee. The PAMPAC is largely made up of members of the PA Medical Society who are interested in making a positive contribution to the medical profession through the political process. PAMPAC provides interested members with advice on organizing local fundraising events for legislative candidates and advises members interested in seeking public office.

Applications up by 19%

This year's applicant pool has been the strongest and largest in TCMC history. This year we've received nearly 6,000 applications, a nearly 19% increase over 2013, and completed over 750 interviews. However, the interview process is far from over, as we will continue to invite qualified applicants to TCMC through the month of March. One of the most important aspects of the interview process is the interaction between TCMC clinical faculty and prospective students. Each application cycle, we call on members of the TCMC community to assist us in selecting our incoming class. If you would like to participate in the MD interviewing process at TCMC, please contact Kristen Greene, Assistant Director of Admissions (kgreene01@tcmedc.org)

Commencement 2014

Save the Date!

All TCMC faculty is invited to participate in the academic procession at Commencement on Saturday, May 10th at 11 AM at the F.M. Kirby Center for the Performing Arts in Wilkes-Barre. If you are interested in participating in the procession you have the option of processing in your White Coat, at no cost, or if you already own academic regalia (gown, hood and cap), you are welcome to wear it. If you would like to wear academic attire the College will order it for you, the rental fee for the attire is \$70.81.

If you would like to participate in the academic procession, please send your information below and a check, payable to TCMC, for rental regalia to: Mary Theresa Mazur, Manager of Regional Affairs, TCMC, 525 Pine St., Scranton, PA 18509 by March 26th. Orders after March 26th cannot be guaranteed!

Academic attire will be arriving at TCMC on May 1st. If you are renting attire we will send out more information on the pick-up as the date approaches. Attire will need to be paid for at the time of pick-up or prior. We will collect the rented attire immediately following the commencement ceremony at the Kirby Center.

Questions for Commencement	
Would you like to process?	Yes or No
Do you need academic attire?	Yes or No
If you need rental attire, please tell us:	
Height:	Weight:
Degree (MD, DO, PhD, MS, etc.):	
Alma Mater from highest degree:	

Questions? Call Mary Theresa @ 570-504-9678



Dipti S. Pancholy, MD



Samir B. Pancholy, MD



Parikshit S. Sharma, MD

Clinical Faculty Featured in Medical Journals

The American Journal of Cardiology will feature the results of a cardiac research study by Dr. Samir Pancholy, Dr. Dipti S. Pancholy, Dr. Parikshit Sharma and Dr. TM Patel in the February 2014 issue. The study focused on gender differences in stroke risk reduction by warfarin and newer oral anticoagulant drugs. The study concluded that women with atrial fibrillation on warfarin were at a significantly higher residual risk of CVA/SE compared to men. While no gender differences were noted in AF patients receiving NOAC agents. The manuscript was also featured in the American College of Cardiology Cardiosource Journal in January, 2014. To obtain a copy of this article, send the citation information to TCMC Library at library@tcmedc.org.

American Journal of Cardiology. 2014 Feb 1;113(3):485-90