

# Central Campus Resources

## **Crisis 24/7:**

CMSU TAP Line: 1-800-222-9016

Helpline NEPA: 888-829-1341 or 570-829-1341

[helpline-nepa.info/info/index.htm](http://helpline-nepa.info/info/index.htm)

National Suicide Prevention Lifeline: 1-800-273-8255

Domestic Violence:

Columbia & Montour County, 800-544-8293

Snyder & Union County, 800-850-7948

The National Domestic Violence Hotline: 1-800-799-7233

[thehotline.org](http://thehotline.org)

## **Treatment locator map:**

[findtreatment.samhsa.gov/locator](http://findtreatment.samhsa.gov/locator)

- SAMHSA website to locate treatment facilities & agencies (various levels of care) within an identified geographic region

## **County:**

CMSU (Columbia Montour Snyder Union) Service System: 570-275-5422

- Offers mental health, developmental services, substance use, crisis/emergency
- Consumers must have Medical Assistance or no insurance with proof of residency to qualify for services except for crisis/emergency.

## **CMSU support group information:**

Community Support Program: [cmsu.org/csp.htm](http://cmsu.org/csp.htm)

- Meetings held 2<sup>nd</sup> Tuesday of the month at 1 p.m.

Left Behind: [cmsu.org/leftBehindSupport.pdf](http://cmsu.org/leftBehindSupport.pdf)

- Support group for those who have lost a loved one by suicide
- Meetings held 2<sup>nd</sup> Thursday of the month from 6:30 – 8 p.m.

Families Helping Families: [cmsu.org/FamiliesHelpingFamilies.pdf](http://cmsu.org/FamiliesHelpingFamilies.pdf)

- Substance use awareness
- Meetings held every Tuesday 6 – 8 p.m.

These therapists are not employed by or connected with Geisinger Commonwealth School of Medicine in any way and will not be in a position to evaluate the academic performance and promotion of Geisinger Commonwealth students. Students may access these or any community therapist by calling the provider's office directly and requesting an appointment.

**For after-hour emergencies, students should call the crisis intervention hotlines, 911 or go to the nearest emergency room.**

**Other support groups include:**

For details, visit: [cmsu.org/familyinfo.htm](https://cmsu.org/familyinfo.htm)

Compassionate Friends

Adult Grief Group

Men's Breakfast Club

Bloomsburg Depression Support Group

Sunbury Depression Support Group

Anxiety Support Group

**Geisinger psychiatrists (non-preceptors):**

Call for assistance: 800-275-6401

- Dr. Nicole Gurski, DO
- Dr. Palav Mehta, MD (speaks English & Gujarati)
- Dr. Fatin Nahi, MD (speaks English & Arabic)
- Dr. Stephen Paolucci, MD
- Dr. Susan Paolucci, MD
- Dr. Amanda Taylor, MD

**Bloomsburg Psychological Center:**

816 Central Road, Bloomsburg, PA 17815

570-387-1832

- Offers counseling, therapy dogs and community support groups
- Accepts Highmark BC/BS, Geisinger, Medical Assistance (certain counties), private pay

**Danville Family Practice:**

Dr. Timothy Eckel

1410 Bloom Road, Danville, PA 17821

570-275-3789

Fax: 570-275-6673

**Strategic Counseling, LLC:**

313 Mill Street, Suite C, Danville, PA 17821

570-437-0783

[jeremy@strategiccounseling.net](mailto:jeremy@strategiccounseling.net)

[strategiccounseling.net/#home](https://strategiccounseling.net/#home)

- Offers counseling
- Accepts Capital Blue plans & private pay (\$70 per individual)

These therapists are not employed by or connected with Geisinger Commonwealth School of Medicine in any way and will not be in a position to evaluate the academic performance and promotion of Geisinger Commonwealth students. Students may access these or any community therapist by calling the provider's office directly and requesting an appointment.

**For after-hour emergencies, students should call the crisis intervention hotlines, 911 or go to the nearest emergency room.**

**Willow Tree Wellness Counseling:**

298 East 5<sup>th</sup> Street, Suite #2, Bloomsburg, PA 17815

570-317-2999

- Offers counseling, psychiatry, yoga and nutrition
- Accepts Highmark BC/BS, Geisinger, Geisinger Gold & private pay (\$140 per individual, \$300 per initial psychiatry with \$160 follow-up)

These therapists are not employed by or connected with Geisinger Commonwealth School of Medicine in any way and will not be in a position to evaluate the academic performance and promotion of Geisinger Commonwealth students. Students may access these or any community therapist by calling the provider's office directly and requesting an appointment.

3

**For after-hour emergencies, students should call the crisis intervention hotlines, 911 or go to the nearest emergency room.**