pennsylvania
DEPARTMENT OF HEALTH

COVID-19 INFORMATION FOR HEALTHCARE FACILITY PATIENTS

BACKGROUND

To slow the spread of coronavirus disease 2019 (COVID-19) into Pennsylvania, the Department of Health (DOH) is working with local public health partners to implement after-travel health precautions. There are currently four countries that have a Level 3 Travel Health Notice. Additional countries may be added as the global situation continues to evolve. An updated list of countries can be found here

It is important to call **1-877-PA-HEALTH (1-877-724-3258)** before you go to a doctor's office or emergency room after coming back from traveling. If you get sick with fever (100.4°F/38°C or higher), cough, or have trouble breathing, seek medical care; tell your doctor about your recent travel and your symptoms, avoid contact with others.
If you need medical care for other reasons, call ahead to **1-877-PA-HEALTH (1-877-724-3258)** and to your doctor and tell them about your recent travel to an area with widespread or ongoing community spread of COVID-19.

WHAT SHOULD HEALTHCARE FACILITIES DO WITH PATIENTS WHO REPORTED SYMPTOMS?

Patients who have returned from Iran or China:
1. The health department will be alerted by CDC and will contact the individual(s)
2. Stay home and self-isolate yourself for 14 days after travel

Patients who have returned from Iran or China:
1. They need to call **1-877-PA-HEALTH (1-877-724-3258)** to let the health department know about their travel
2. Stay home and self-isolate yourself for 14 days after travel

Any travelers returning from Iran, China, Italy and South Korea should self-monitor for symptoms like fever, cough, or trouble breathing. If you become sick, call **1-877-PA-HEALTH (1-877-724-3258)** and the doctor's office or emergency room before visiting.

For information on how to self-monitor and practice social distancing, visit
https://www.health.pa.gov/topics/disease/Pages/Coronavirus%20Travelers.aspx

WHAT CAN YOU DO?

- **Wash** hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.
- **Cover** any coughs or sneezes with your elbow, do not use your hands!
- **Clean** surfaces frequently, such as countertops, light switches, cell phones and other frequently touched areas.
- **Contain**- if you are sick, stay home until you are feeling better.

RESOURCES FOR MORE INFORMATION

For more information, visit https://www.health.pa.gov/topics/disease/Pages/Coronavirus.aspx
Information for healthcare workers is available from the CDC.

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