HRST
HEALTH RISK SCREENING TOOL

Bowel Medications

For the HRST, medications used to treat *constipation* or *diarrhea* are considered "Bowel" in purpose and score in Rating Item O. Bowel Function. The score can be affected by the type of bowel aids the person has taken within the past 12 months. Below are common types of Bowel medications that can affect scoring in Rating Item O.

Stool Softeners increase the amount of water the stool absorbs in the gut, making the stool softer and easier to pass.

- Colace®, Diocto, Dulcolax Stool Softener® (docusate sodium)
- Surfak® (docusate calcium)

Fiber Supplements add bulk to the stool, helping it move faster through the intestines.

- Acacia fiber (gum arabic)
- Benefiber® (wheat dextrin, guar gum)
- Citrucel® (methylcellulose)
- Fiber-Lax (polycarbophil)
- Fiber gummies
- Konsyl®, Metamucil®, Reguloid® (psyllium)

Laxatives encourage bowel movements by acting on the intestinal wall. They increase the muscle contractions that move along the stool mass.

- Amitiza® (lubiprostone)
- Castor oil
- Citroma® (magnesium citrate)
- Dulcolax® (bisacodyl)
- Enemas
- Enulose (lactulose)
- Epsom salts (magnesium sulfate)
- Ex-lax®, Senokot® (senna, sennosides)
- Glycerin suppositories
- Linzess® (linaclotid)
- Milk of Magnesia (magnesium hydroxide)
- Mineral oil (liquid petrolate)
- MiraLAX®, GaviLAX, PEG 3350 (polyethylene glycol)
- Motegrity® (prucalopride)
- Movantik® (naloxegol)
- Pizensy® (lactitol)
- Relistor® (methylnaltrexone)
- Senokot-S® (docusate sodium and senna)
- Sorbitol
- Symproic® (naldemedine)
- Trulance® (precanatide)
- Xylitol

Antidiarrheals slow down the movement of the gut. This decreases the number of bowel movements and makes the stool less watery.

- Imodium® (loperamide hydrochloride)
- Kaopectate® (bismuth absalicylate)
- Lomotil® (diphenoxylate-atropine)
- Pepto Bismol® (bismuth absalicylate)

Please Note: This is not an all-inclusive list. If you have questions, please refer to Drugs.com® or email IntellectAbility clinical support at ***ClinAssist@ReplacingRisk.com***