

The scope of the PA Dual Diagnosis Direct Support Curriculum is intended to provide educational trainings to mental health and intellectual disability provider systems, families, and individuals. The curriculum contains 21 core trainings identified as necessary to provide the basic information that a Direct Supporter would need to support a person who has a dual diagnosis. Benchmark competencies outlined in the NADD (National Association for Dual Diagnosis) Direct Support Professional Certification Program are covered in curriculum modules as it is hoped that Direct Supporters will work towards their certification through NADD.

Your **Passport to the Dual Diagnosis Direct Support Curriculum** is part of a professional development program sponsored by OMSHAS and ODP with hands-on training provided by the Health Care Quality Units.

Use this passport to document each specific training that you attend, its date, its length of time, and have it signed off by the trainer. Maintain your passport for it may be helpful as an adjunct to your resume' or curricula vitae.

**Core Competency Areas:**

<b>Introduction</b>	<i>Dual Diagnosis in the U.S: Past, Present and Future</i>
	<i>Naming It: Mental Health Challenges and People with an Intellectual Disability</i>
<b>Physical Health and Dual Diagnosis</b>	<i>Signs and Symptoms of Physical Illness</i>
	<i>Common Chronic Health Conditions</i>
	<i>Common Medications and Side Effects</i>
	<i>Overview of Syndromes</i>
	<i>Older Adults and Dual Diagnosis</i>
	<i>Communicating with the PCP and other Medical Specialists</i>
<b>Understanding Behavior</b>	<i>Understanding Trauma Informed Care and Stressful Life Events</i>
	<i>Target Symptoms of Mental Health Challenges versus Challenging Behavior</i>
	<i>Autism Spectrum Disorder</i>
<b>Mental Health and Intellectual/ Developmental Disability</b>	<i>Intellectual Disability and Psychiatric Disorders</i>
	<i>Communicating with the Psychiatrist</i>
<b>Everyday Lives and Recovery</b>	<i>Mental Health Wellness and Recovery</i>
	<i>The Role of Everyday Lives and Recovery</i>
	<i>Mental Health Therapy and Dual Diagnosis</i>
	<i>Functional Behavior Assessment and Behavior Support Planning</i>
	<i>Psychotropic Medication</i>
	<i>Crisis Supports and Debriefing</i>
	<i>Stress Management for the Direct Supporter</i>

# YOUR PASSPORT TO THE

## Dual Diagnosis Direct Support Curriculum



The Dual Diagnosis Direct Support Curriculum is a joint initiative of the Office of Mental Health and Substance Abuse Services and the Office of Developmental Programs. The purpose of the training curriculum is to provide education to direct support staff so they can best support and address the complex needs of people who have an intellectual disability as well as mental health challenges.

This curriculum was designed to demonstrate that all people in this world, regardless of their challenges, are much more ALIKE than they are different.

***All people in this world, regardless of their challenges, are much more alike than they are different.***

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

## Introduction

Training	Date	Hours	Trainer Signature
Dual Diagnosis in the U.S., Past, Present and Future			
Naming It: Mental Health Challenges and People with an Intellectual Disability			

## Physical Health and Dual Diagnosis

Training	Date	Hours	Trainer Signature
Signs and Symptoms of Physical Illness			
Common Chronic Health Conditions			
Common Medications and Side Effects			
Overview of Syndromes			
Older Adults and Dual Diagnosis			
Communicating with the PCP and other Medical Specialists			

## Understanding Behavior

Training	Date	Hours	Trainer Signature
Understanding Trauma Informed Care and Stressful Life Events			
Target Symptoms of Mental Health Challenges versus Challenging Behavior			
Autism Spectrum Disorder			

## Mental Health and Intellectual/Developmental Disability

Training	Date	Hours	Trainer Signature
Intellectual Disability and Psychiatric Disorders			
Communicating with the Psychiatrist			

## Everyday Lives and Recovery

Training	Date	Hours	Trainer Signature
Mental Health Wellness and Recovery			
The Role of Everyday Lives and Recovery			
Mental Health Therapy and Dual Diagnosis			
Functional Behavior Assessment and Behavior Support Planning			
Psychotropic Medication			
Crisis Supports and Debriefing			
Stress Management for the Direct Supporter			